

**SINGAPORE SCHOOLS SPORTS COUNCIL
National School Games Taekwondo Championships 2022**

General Rules and Regulations

PREAMBLE

This document outlines the rules and regulations for the conduct of and participation in the National School Games (NSG) 2022. This is subject to possible changes in prevailing national posture. Updates will be communicated to participating schools when required.

*These rules and regulations should be interpreted and implemented in alignment to the spirit of the SSSC's Mission, Aspirations and Motto (**Ref Annex A**).*

SECTION A – ADMINISTRATIVE RULES & REGULATIONS

1 ORGANISATION STRUCTURE AND GOVERNING BODIES

- 1.1 The National School Games (NSG) Taekwondo shall be conducted:
- 1.1.1 as governed by the General Rules and Regulations of the Singapore Schools Sports Council.
 - 1.1.2 according to the World Taekwondo Federation (WT) rules adopted and modified by the Singapore Taekwondo Federation (STF) for safety/developmental reasons to suit the level of our school students.
 - 1.1.3 in the absence of a set of recognised rules to govern the occurrence of situations during the competitions, the TKD National School Games Organising Committee shall make the final decision.
 - 1.1.4 adhering to the Baseline Safety Standards (BSS) for the NSG.

2 DIVISIONS

- 2.1 All students shall compete in their respective divisions according to their year of birth. They are as follow:

A Division*	1 Jan 2002 (subject to conditions laid out in para 2.2) 2 Jan 2002 --- 31 Dec 2002 1 Jan 2003 --- 31 Dec 2003 1 Jan 2004 --- 31 Dec 2004 1 Jan 2005 --- 31 Dec 2005 1 Jan 2006
B Division*	1 Jan 2005 (subject to conditions laid out in pare 2.2) 2 Jan 2005 --- 31 Dec 2005 1 Jan 2006 --- 31 Dec 2006

	1 Jan 2007 --- 31 Dec 2007 1 Jan 2008
C Division*	1 Jan 2008 (subject to conditions laid out in para 2.2) 2 Jan 2008 --- 31 Dec 2008 1 Jan 2009 --- 31 Dec 2009 1 Jan 2010

2.2 All students shall compete in the respective divisions set out in 2.1 *with the exception of those born on 1st Jan who have been given approval for deferment by MOE during P1 registration. These students will compete in the division with the cohort that they are studying with.

2.2.1 With effect from 2021, students who are born on 1st Jan and have participated in NSG previously shall follow the rules stated in Para 2.2. This rule will supersede all previous decisions.

2.2.2 This exception in Para 2.2 does not apply to students who are born on 1st Jan and have repeated a year of study.

*** Subject to the following conditions:**

- All students in the Junior Colleges and Centralised Institute must compete in the 'A' Division.
- Year 1 to Year 4 students in the Integrated Programme (i.e. Through-Train Programme) and International Baccalaureate Programme will compete in their respective age group. Those in Year 5 (equivalent to JC 1) and Year 6 (equivalent to JC 2) must compete in the 'A' Division.
- All students in Secondary Schools must compete in the 'B' or 'C' Division according to their year of birth.
- All students in Secondary Schools not born in the stipulated year for 'B' or 'C' Division must compete in the 'A' Division.

3 ENTRIES

3.1 Poomsae

3.1.1 For poomsae, each school may field a maximum of **three** male and **three** female performers per individual colour category, and **one** male and **one** female team per colour category.

3.1.2 A student may participate in only **ONE** individual (his/her current grade or up to two belt grade above up to Red 1) and/or **ONE team event** (his/her current grade up to Red 1).

3.1.3 Schools are allowed to have all registered athletes of the school team to be registered as reserves for the Poomsae Team Event. This is to ensure that the team can still compete in the event where the actual member(s) is unable to participate, without having to seek the TKD Organising Committee's approval for substitution.

3.1.4 The number of Poomsae events are as follow:

- 11 colour-categories (Individual - Male)

- 11 colour-categories (Individual - Female)
- 11 colour-categories (Team – Male)
- 11 colour-categories (Team – Female)

3.2 All entries must be submitted through the e-Registration portal at <https://nsg.moe.edu.sg/nis/#!/login> on or before the stipulated closing date. This includes details of participants along with the necessary supporting documents.

- a) Baseline Safety Standards Acknowledgement Form
- b) Supporting documents for Special/Transfer case student
- c) Other forms as determined by the TKD Organising Committee

4 REGISTRATION OF PARTICIPANTS

- 4.1 Only members with STF certification are allowed to register for the competition. The total number of participants to be registered shall not deviate from that stated in the Rules and Regulations of the NSG Taekwondo.
- 4.2 The date of posting in the Joint Admission Exercise (JAE) of students announced by MOE shall be the day in which a student would be deemed as a bona fide member of the school or JC or CI.
- 4.3 Students requesting for a transfer after the Joint Admission Exercise may not represent their new school until the transfer has been officially effected.
- 4.4 International students can only be registered to play for their school **after** they have been issued with the student passes from the Immigration and Checkpoints Authority (ICA).
- 4.5 If a school chooses not to register the maximum number of competitor(s) allowed by the sports/game, at the time of submitting the registration, the school shall not be permitted to register additional competitor(s) subsequently, except when these students are repeating their course of study after the release of national examination results.
- 4.6 International students who are in the schools/junior colleges/centralised institute on exchange programme are not allowed to represent the school.
- 4.7 Students granted Leave of Absence (LOA) by MOE will be allowed to represent the school.
- 4.8 Registration constitutes representation, that is, once a student is registered to play for a school/junior college/centralised institute, he or she is deemed to have represented his or her school/junior college/centralised institute. Hence, the student is not allowed to represent another school/junior college/centralised institute in the NSG Taekwondo in the same year.

SECTION B – COMPETITION RULES & REGULATIONS

5 COMPETITION FORMAT

5.1 Poomsae

5.1.1 For the competition in each category to be carried out officially, there must be a minimum of 3 participants in the individual event and a minimum of 3 teams from 3 different schools in the colour category. The event shall be cancelled if there are fewer than 3 participants in the individual event and the team event will be cancelled if there are fewer than 3 teams from 3 different schools in the colour category.

5.1.2 The NSGOC reserves the right to modify the method of competition.

6 AWARD OF POINTS

6.1 The following point system shall apply for Divisional Championship:

All Poomsae Events:

Placing	Point/s
1 st	7
2 nd	5
3 rd	3
4 th	1

6.2 In the event of a tie in points, the team with the highest number of 1st positions (followed by 2nd, 3rd and 4th, if necessary) will be used to decide the final placing. If the teams have the same total number of positions, the teams shall be declared joint winners.

7 PRIZES

7.1 The number of prizes to be awarded shall be as follows:

3 individuals/ teams : 2 prizes
4 individuals/ teams : 3 prizes
5 or more teams : 4 prizes

8 REPORTING AND GRACE PERIOD

8.1 Fifteen minutes (15 min) grace is allowed. The NSGOC or his/her representative may at his/her discretion extend this grace period if he/she thinks the extension of grace period is justifiable (e.g. in special cases when delay may be caused by traffic jams, etc). However, the team concerned must contact the NSGOC or his/her representative at the venue concerned to inform him/her of the delay. Teams must abide by the decision of the Convenor or his/her representative.

9 POSTPONEMENT

- 9.1 The NSGOC or his representative shall, at his/her discretion, decide to postpone a match if he thinks the venue is unfit for play, or for any other valid reasons for which he deems a postponement is in order. All participants must abide by the decision of the NSGOC or his/her representative.

10 WITHDRAWAL AND /WALK-OVER

- 10.1 Any withdrawal or walkover is considered contrary to the spirit of the game.
- 10.2 Schools participating in the NSG should not withdraw or give walk-over unless it is a technical withdrawal or walk-over.
- 10.3 Technical withdrawal means that the player is outclassed in the match and technical walk-over happens when the player has to concede defeat because he or she is injured.
- 10.4 For each withdrawal or walk-over, a written explanation duly endorsed by the Principal shall be submitted to the TKD NSGOC Chairman within two working days. A copy each is to be extended to the Games Advisor and the Technical Delegate.
- 10.5 For withdrawal or walk-over, a player or team will be disqualified from receiving any points, placing or medals. However, any merits earned by the participant will still be recognised for technical withdrawal or walkover.

11 ABANDONED GAME

- 11.1 The referee/umpire/match manager is required to submit a written report on an abandoned game within one (1) working day.
- 11.2 For decision on abandoned game, refer to Para 20 on disqualifications.

12 PROTEST

- 12.1 Any clarification on points of laws/rules, must be lodged immediately by the Team Manager (TM) to the referee/umpire/judge. The decision taken by the referee/umpire/judge will be final.
- 12.2 All protests shall be referred to the NSGOC. The protest(s) must reach the Committee within one (1) working day following the match to which it relates unless stipulated otherwise in the respective games rules. The protest must be in writing and duly signed by the principal. A protest fee of one hundred and fifty-dollars (\$150)¹ will be deducted from the protesting school's account, via IFAAS if the protest is overruled.
- 12.3 The NSGOC will deliberate on the protest within three (3) working days unless stipulated otherwise in the respective games rules. The decision will then be made known in writing to the school concerned by the next day.
- 12.4 When there is any conflict of interest, the school(s) involved will not sit in the committee considering the protest.

¹ Amount is inclusive of GST.

13 APPEAL

- 13.1 Upon the release/disclosure of the decision of the NSGOC, only schools may appeal to the Council.
- 13.2 Notices of appeal shall be lodged with the Secretary / Secretariat of the Zone/Central Council within two (2) working days upon receiving the NSGOC's Decision. An appeal fee of three hundred dollars (\$300) will be deducted from the appealing school's account, via IFAAS if the appeal is overruled.
- 13.3 The Board of Appeal will deliberate on the appeal. The decision of the Board of Appeal shall be final (Please refer to **Annex C**).

14 SUSPENSION

- 14.1 A participant suspended by any one of the following bodies is barred from participating in the NSG for that sport for the period of suspension:
- a) The School
 - b) The Zone Council
 - c) The SSSC
 - d) Singapore Taekwondo Federation

15 TEAM MANAGER (TM)

- 15.1 Each participating team must be accompanied by a TM who shall remain with the team throughout the duration of play (Please refer to **Annex D**).
- 15.2 The TM shall be a teacher or School Adult Representative² (SAR – School Staff/Parent) appointed by the participating school. The appointment of an SAR as a TM should be based on the conditions and considerations given.
- 15.3 TMs are expected to conduct themselves with decorum during competitions.
- 15.4 TMs are not allowed to interfere with the final decision taken by the referee/umpire/judge/official on points of laws/rules after clarification has been sought. If such interference results in disruption of any match, the matter shall be brought to the attention of the NSGOC for appropriate action.

16 REFEREE / UMPIRE / JUDGE / OFFICIAL

- 16.1 Where required by the specific sports' rules and regulations, participating schools shall provide a referee/umpire/judge/official based on the requirements of the respective sports' rules.
- 16.2 Education Officers, Contract Adjunct teachers, Flexi-adjunct teachers and Allied Educators can serve as officials.
- 16.3 Schools have to ensure that their referees/umpires/judges/officials are present to fulfil their duties as scheduled by the Convenor (Please refer to **Annex A** for officials' oath).

² SAR option is only available for the following individual sports: Cross-Country, Fencing, Golf, Gymnastics, Judo, Sailing, Shooting, Swimming, Taekwondo, Tenpin Bowling, Track & Field and Wushu

17 COACHES

- 17.1 Coaches are expected to conduct themselves with decorum during competitions (Please refer to **Annex E**).
- 17.2 Coaches are not allowed to approach the officials to query their decisions. Only TMs are allowed to approach officials to seek clarifications.
- 17.3 Schools must ensure that their coaches adhere to the SSSC Rules and Regulations and the Code of Conduct (Please refer to **Annex A** for coaches' oath).

18 BREACH OF CODE OF CONDUCT BY TMS / PARTICIPANTS / OFFICIALS / COACHES / COACHES

- 18.1 A Disciplinary Panel comprising members of the NSGOC will be formed to investigate the breach, presided by a Principal, who is the Chairman of the Discipline and Recognition Sub-Committee. The Panel may co-opt members outside the NSGOC, including personnel from the national sports association, to provide technical advice.
- 18.2 Appeal against the decision of the Disciplinary Panel may be submitted by the school (for participants, coaches, and TMs and/or the official), to the Council, whose decision shall be final (Please refer to Para 13 with regards to the Appeal process).

19 DISQUALIFICATION

- 19.1 A school will be disqualified if it commits any of the following:
- a) if it fields an ineligible participants who is:
 - i. an overage participants
 - ii. an underage participants
 - iii. an unregistered participants
 - iv. a suspended participants
 - v. a participants without a valid student pass
 - vi. a non-bona fide participants
 - b) team/ participants not accompanied by a TM
 - c) team/participants which caused the game/match to be abandoned
- 19.2 All results involving the team which has been disqualified will be considered null and void.

20 ATTIRE

- 20.1 All school athletes must be suitably attired in accordance with the requirement of the Singapore Taekwondo Federation. The attire should clearly bear the STF name on the back and STF logo on the left sleeve.
- 20.2 A performer will be barred from participating if he or she cannot fulfil this condition fully.

21 POOMSAE

21.1 Students are eligible to participate in the A, B & C Divisions with at least a grade 9 (white with yellow tip) certification issued or endorsed by the STF. The grade shall be on or before e-registration deadline.

21.2 Colour Categories:

<i>Individual (Male & Female)</i>	<i>Team of Three (Male & Female)</i>
White 9	White 9
Yellow 8	Yellow 8
Yellow 7	Yellow 7
Green 6	Green 6
Green 5	Green 5
Blue 4	Blue 4
Blue 3	Blue 3
Red 2	Red 2
Red 1	Red 1
Poom/ Black 1	Poom/ Black 1
Poom/ Black 2	Poom/ Black 2

21.3 Competition Poomsae for all stages:

<i>Individual (Male & Female)</i>	<i>Team of Three (Male & Female)</i>
White 9	White 9
Yellow 8	Yellow 8
Yellow 7	Yellow 7
Green 6	Green 6
Green 5	Green 5
Blue 4	Blue 4
Blue 3	Blue 3
Red 2	Red 2
Red 1	Red 1
Poom/ Black 1	Poom/ Black 1
Poom/ Black 2	Poom/ Black 2

For Individual and Team Poomsae:

- *Poom 1 belt holders can participate in either Poom 1 or Poom 2 event.*
- *Poom 2 belt holders can only participate in Poom 2 event.*
- *All Poom 3 and Poom 4 belt holders can only compete in Poom 2.*

21.4 It is compulsory for students to submit the Data Collation Form (**Annex B**) to schools with endorsement of the coach OR Taekwondo Club (Affiliated with Singapore Taekwondo Federation). The Data Collation form only serves to collate the information from participating students for registration by teacher-in-charge via the official eRegistration system.

22 PROCEDURE

- 22.1 All participants must be ready to report to the competitor stewards for arrangement or inspection when their names are called. This will be at least half an hour before they are due to compete.
- 22.2 Poomsae performers must wear the uniform and the belt colour for the category they are competing in.
- 22.3 Those who fail to be ready for the performance or contest or fail to appear within two minutes before the scheduled start of their performance or contest shall be deemed as having withdrawn from the competition. No grace period shall be given unless there is a calamity which affects a good number of participants.
- 22.4 Each participant must be accompanied onto the competition arena by a coach with a professional pass. A participant will not be allowed to compete without a coach.
- 22.5 All participants shall abide by the general rules and regulations governed by the Singapore Schools Sports Council of the competition and accept the decisions of the judges or the NSGOC.

SECTION C – AMENDMENTS AND MATTERS NOT PROVIDED FOR

23 MATTERS NOT PROVIDED FOR

- 23.1 All matters not provided for in these Rules and Regulations shall be dealt with by the NSGOC.

24 AMENDMENTS

- 24.1 The NSGOC shall have the right to delete, add or amend the rules and regulations laid down herein.

SINGAPORE PRIMARY SCHOOLS SPORTS COUNCIL (SPSSC)
AND SINGAPORE SCHOOLS SPORTS COUNCIL (SSSC)



Mission, Motto and Aspirations

Mission Statement

“To provide quality competition experience to our school athletes to support character development through the pursuit of sporting excellence”

Motto

“Character in Sporting Excellence”



ATHLETES' OATH

“In the name of all competitors
we promise that we shall take part
in these National School Games,
respecting and abiding by the rules which govern them,
committing ourselves to the true spirit of sportsmanship,
without doping and without drugs,
for the glory of sport
and the honour of our teams.”

(Revised version 2015; Adapted from the Olympic Athletes' Oath, 1999)

Character in Sporting Excellence

Aspiration 1: *Every athlete an honourable sportsman*

Guiding Principle:

The athlete abides by the rules of the game, gives his best in training and competitions, wins humbly and loses graciously. He participates actively and is committed to the skills development in his sport. He respects his opponents, teammates, coaches, teachers and officials, and displays exemplary conduct both on and off court.

Aspiration 2: *Every teacher and coach an inspiring role model and mentor*

Guiding Principle:

The teacher/coach endeavours to develop each athlete to his fullest potential. He focuses on student-centric and values-driven coaching. He maintains a professional relationship with the athletes and ensures their safety and well-being at all times. As a positive role model, he inspires and motivates the athletes towards greater heights.



COACHES' OATH

*In the name of all the coaches,
we promise to respect all athletes,
officials and coaches in these
National School Games.*

*We shall act in the best interest of the
athletes and schools,
without doping and without drugs.*

*We commit ourselves to ensure that the
spirit of sportsmanship and fair play is
fully adhered to and upheld always."*

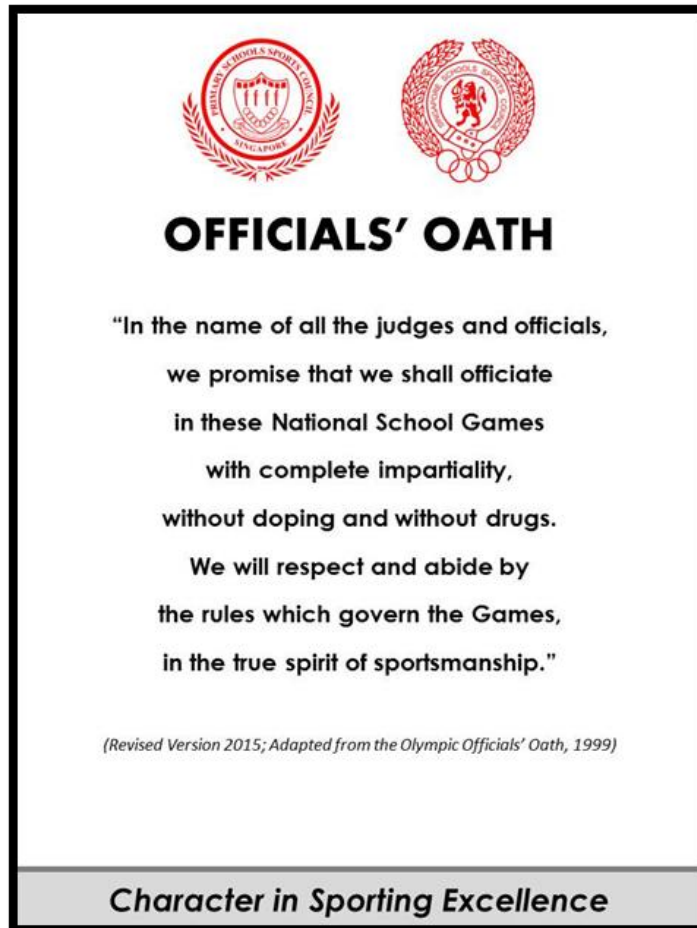
(Revised 2016; Adapted from the Olympic Coaches' Oath, 2012)

Character in Sporting Excellence

Aspiration 3: *Every official a fair, respectable and competent authority*

Guiding Principle:

The official is well-versed in the rules of the sport, and enforces the laws of the game with impartiality. He is alert and acts decisively when required. He ensures safety for all athletes and explains the rules when required. He upholds the professionalism of the sport.



Aspiration 4: *Every parent a supportive partner*

Guiding Principle:

The parent takes interest in his child's training and competitions. He ensures proper nutrition and rest, and actively enquires on his child's progress and development. He works with the teacher and coach, attends games and respects the referee's decisions.

Aspiration 5: *Every spectator a respectful, responsible and caring motivator*

Guiding Principle:

The spectator makes the effort to applaud excellence and fair play. The spectator shows appreciation for the efforts of all athletes, teachers, coaches, officials and organisers. He should cheer to encourage and motivate as well as care for the athletes' well-being. The parent takes interest in his child's training and competitions. He is responsible and keeps the venue safe and comfortable for all.



SPECTATORS' CREED

Be a Respectful Supporter

- Applaud excellence and fair play
- Appreciate the efforts of all athletes, teachers, coaches, officials and organisers

Be a Caring Motivator

- Cheer to encourage and motivate
- Care for athletes' well-being

Be a Responsible Spectator

- Keep the venue safe and comfortable for all
- Keep the venue clean

Character in Sporting Excellence

Aspiration 6: *Every game a safe and enriching learning experience*

Guiding Principle:

The format of competition is developmental and age-appropriate. The games provide athletes with the opportunity to display their sporting prowess, and be recognised for their achievements. Athletes enjoy the competitions, which are conducted under safe and conducive environments.

NATIONAL SCHOOL GAMES TAEKWONDO CHAMPIONSHIPS 2022

DATA COLLATION FORM

(FOR SECONDARY SCHOOLS AND JUNIOR COLLEGES/CENTRALISED INSTITUTION)

Note:

- It is **compulsory** for students to submit this form to schools with endorsement of the coach OR Taekwondo Club (Affiliated with Singapore Taekwondo Federation).
- This form only serves to collate the information from participating students for registration by teacher-in-charge via the official eRegistration system.
- Submission of form to teacher-in-charge does not constitute registration. School will make the final decision on the students to be officially registered for the competition.
- **Student athletes should be accompanied by his/her qualified coach on competition day.**

Registration Rules

1) Poomsae	Each school may field a maximum of three male and three female performers per <u>individual</u> colour category and one male and one female <u>team</u> per colour category.
2) Poomsae	A student may participate in only ONE individual (his/her current grade or up to two belt grade above up to Red 1) and/or ONE team event (his/her current grade up to Red 1).

School	
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Type of Competition: Poomsae*Division: C / B / A***Name of Student**

(as in BC/NRIC/Passport): _____

Class: _____

Gender: F / M*

NRIC: _____

Date of Birth: _____ (dd/mm/yyyy)

Highest Belt / Grade Attained:	<input type="checkbox"/> White 9	<input type="checkbox"/> Green 6	<input type="checkbox"/> Red 2
	<input type="checkbox"/> Yellow 8	<input type="checkbox"/> Green 5 (Blue Stripe)	<input type="checkbox"/> Red 1 (Black Stripe)
	<input type="checkbox"/> Yellow 7 (Green Stripe)	<input type="checkbox"/> Blue 4	<input type="checkbox"/> Poom/ Black 1 (for poomsae)
	<input type="checkbox"/> Blue 3 (Red Stripe)	<input type="checkbox"/> Poom/ Black 2 (for poomsae only)	

Date Highest Belt / Grade Attained: _____ (dd/mm/yyyy)

Participating Category (applicable only for Poomsae)	
Individual <i>(max 1 category, current grade or up to two belt grade above up to Red 1)</i>	Team of Three <i>(max 1 category, current grade up to Red 1)</i>
<input type="checkbox"/> White 9 <input type="checkbox"/> Yellow 8 <input type="checkbox"/> Yellow 7 (Green Stripe) <input type="checkbox"/> Green 6 <input type="checkbox"/> Green 5 (Blue Stripe) <input type="checkbox"/> Blue 4 <input type="checkbox"/> Blue 3 (Red Stripe) <input type="checkbox"/> Red 2 <input type="checkbox"/> Red 1 (Black Stripe) <input type="checkbox"/> Poom/ Black 1 <input type="checkbox"/> Poom/ Black 2	<input type="checkbox"/> White 9 <input type="checkbox"/> Yellow 8 <input type="checkbox"/> Yellow 7 (Green Stripe) <input type="checkbox"/> Green 6 <input type="checkbox"/> Green 5 (Blue Stripe) <input type="checkbox"/> Blue 4 <input type="checkbox"/> Blue 3 (Red Stripe) <input type="checkbox"/> Red 2 <input type="checkbox"/> Red 1 (Black Stripe) <input type="checkbox"/> Poom/ Black 1 <input type="checkbox"/> Poom/ Black 2

DETAILS AND ENDORSEMENT BY COACH / TAEKWONDO CLUB (STF AFFILIATED)

Club (if any): _____

Name of Coach
(as in NRIC/Passport): _____

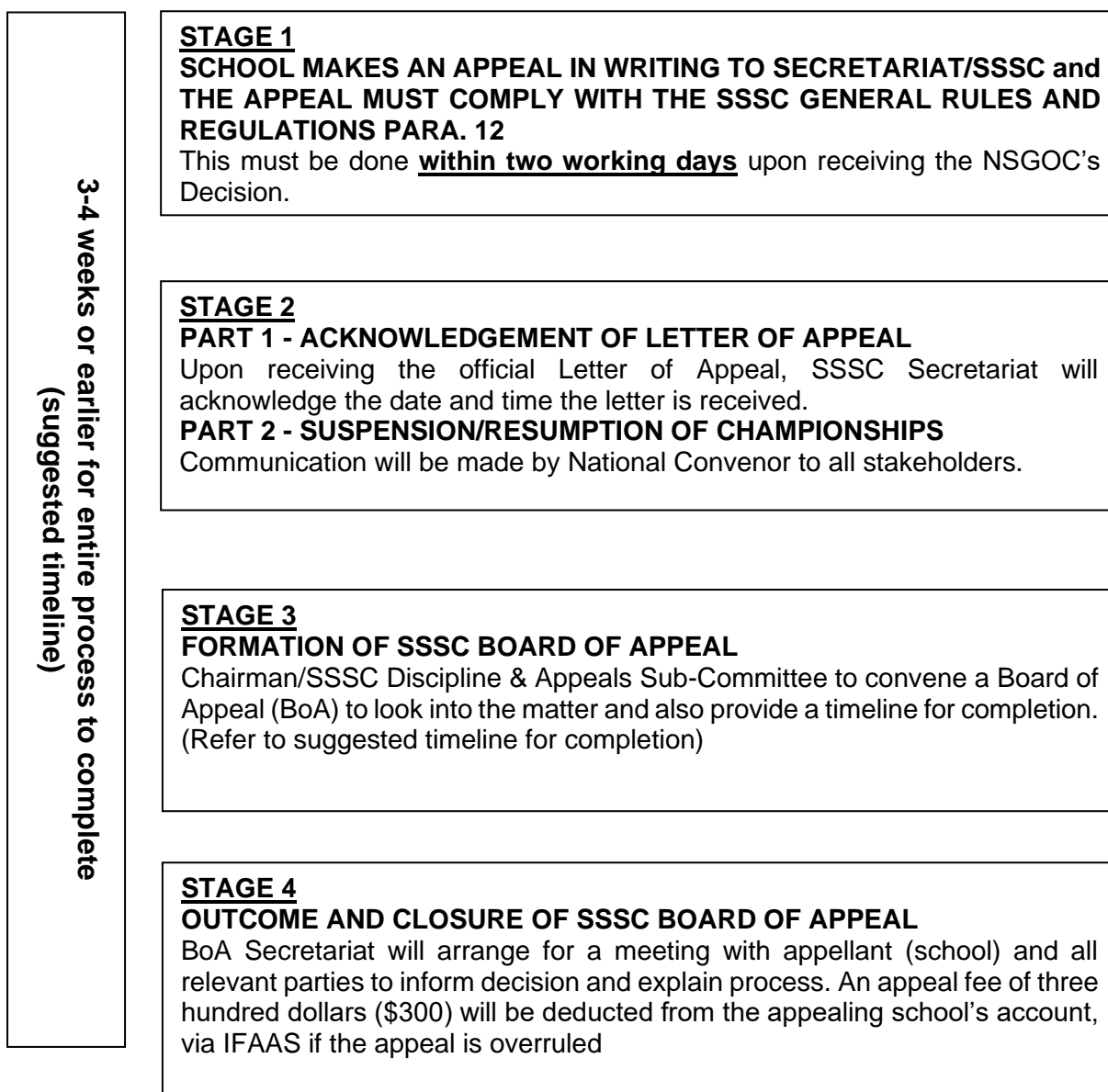
Coach Pass No. _____ **Coaching Qualification:** 2 / 3*

Email address: _____

Signature Date Contact number

**Delete where applicable*

SSSC PROCEDURE FOR APPEALS
WORKFLOW



As in accordance with the SSSC General Rules and Regulations under rule 13.4, the decision of the Board of Appeal or the Standing Committee shall be final.

SINGAPORE SCHOOLS SPORTS COUNCIL

Role of The Team Manager

The team manager(TM) will represent the school on all matters pertaining to the administration and organisation of the competition. He/she must be good role models for the participants and are expected to conduct themselves well in carrying out their duties. He/she will do the following:

Terms of Reference	
1	Point of contact between the National School Games Organising Committee (NSGOC) and the Principal (school).
2	Attend all briefings and/or meetings called for by the respective NSGOCs.
3	Check & verify the fixtures and schedules involving the school.
4	Ensure the accuracy of participants' particulars in the registration and that students are not placed in the wrong division.
5	Make transport arrangements for the participant(s).
6	To chaperone participant(s) to and from the competition venue and remain with the participant(s) throughout the duration of play.
7	Cooperate with NSGOC & officials and abide by the rules and regulations of the competition.
8	Submit team list & other necessary documents when required to.
9	Manage the coach, participant(s) and supporter(s), if any, to ensure that they adhere to the Code of Conduct as provided in SSSC Rules & Regulations.
10	Arrange for a replacement, in the event that he/she is not able to perform his/her duty, including when it is halfway through the competition
11	Duty of care for the participant(s) safety and well-being and to ensure that the participant(s) is/are medically covered e.g. first aid kit.
12	Contact the school immediately in the event of an injury or emergency.
13	Do not speak to the media unless with permission from the school
14	Represent the school in matters pertaining to formal appeals/protests (as required by the sport)
15	Accompany participant(s) at disciplinary board meetings if the occasion arises.
16	Any other matters pertaining to the duty of care, student management and competition matters relating to the participants from his / her school.

Code of Conduct for Coaches

- 1) Coaches must be good role models for the student athletes and are expected to conduct themselves well in carrying out their duties.
- 2) They are to observe the rules and regulations of the National School Games and honour the Coaches' Oath.
- 3) They should not replace the role of the team manager.
- 4) They are to prepare the training schedule for the team, in consultation with the Principal and the teacher in-charge (i.e. 30-week programme)
- 5) They are not allowed into the competition area except where the rule of the sport requires the presence of the coach e.g. Softball and Gymnastics.
- 6) They cannot represent the school in any matter.
- 7) They must not interfere with the organisation of the competition.
- 8) They are not allowed to approach the game officials to query their decisions. Only team managers are allowed to approach game officials to seek clarifications.
- 9) Coaches violating the rules will be asked to leave the competition arena.
- 10) Action will be taken against the school if the coaches fail to comply with the competition rules.
- 11) The onus is on the coaches to adhere to the rules and to be well versed with the competition rules amended to meet the needs of the student athletes lies with the school concerned.
- 12) They must ensure that the student athletes have adequate rest and given water breaks.
- 13) Coaches should refrain from using foul language or in a tone not becoming of proper behaviour.