



SINGAPORE PRIMARY SCHOOLS SPORTS COUNCIL

GENERAL RULES AND REGULATIONS FOR JUNIOR 2 DIVISION NSG HOCKEY 2022

PREAMBLE

This document outlines the rules and regulations for the conduct of and participation in the National School Games (NSG) 2022. This is subject to possible changes in prevailing national posture. Updates will be communicated to participating schools when required.

These rules and regulations should be interpreted and implemented in alignment to the spirit of the SPSSC's Mission, Aspirations and Motto (Ref Annex A).

SECTION A – ADMINISTRATIVE RULES & REGULATIONS

1 ORGANISATION STRUCTURE AND GOVERNING BODIES

- 1.1 The National School Games (NSG) shall be conducted:
 - 1.1.1 as governed by the General Rules and Regulations of the Singapore Primary Schools Sports Council (SPSSC).
 - 1.1.2 according to the laws/rules established by the respective International Federations (IFs)/ governing bodies (FIH International Rules Board, Singapore Hockey Federation).
 - 1.1.3 adhering to the Baseline Safety Standards for the NSG.
 - 1.1.4 In the event that the rules and regulations are modified for safety/developmental reasons to suit the level of our school students, it must be clearly stated in the respective sports rules and regulations.
 - 1.1.5 In the absence of a set of recognised rules to govern the occurrence of situations during the competitions, the respective National School Games Organising Committee shall make the final decision.
- 1.2 NATIONAL SCHOOL GAMES ORGANISING COMMITTEE (NSGOC)
 - 1.2.1 The NSGOC shall consist of the following:
 - a) The National Convenor
 - b) The Game Advisor
 - c) The Zonal Convenors
 - d) Organising Secretaries
 - e) Any other co-opted members deemed necessary

- 1.2.2 The NSGOCs are empowered to appoint sub-committees and individual members to assist in the organisation and running of the NSG competitions as and when required.
- 1.2.3 The NSGOCs shall have sub-committees to perform the following roles and responsibilities (Terms of Reference for NSGOCs are given in **Annex B**): -
- a) Technical: Establish, review and update competition rules and regulations for the competitions and other matters necessary to provide for developmentally appropriate NSG competitions.
 - b) Competitions: Organise and conduct the competition according to the rules and regulations, and established safety standards.
 - c) Recognition, Appeal and Discipline: Manage recognition and discipline structures to support the desired outcomes of the NSG.
 - d) Other functions necessary for the successful completion of the NSG sport that the NSGOC is in charge of.

2 AGE GROUPS / DIVISIONS

- 2.1 All students shall compete in the respective divisions set out in the R & R (Annex C) **with the exception of those born on 1 January who have been given approval for deferment by MOE during P1 registration**. These students will compete in the division with the cohort that they are studying with.
- 2.1.1 With effect from 2021, students who are born on 1 January and have participated in NSG previously shall follow the rules stated in Para 2.1. This rule will supersede all previous decisions.
- 2.1.2 This exception in Para 2.1 does not apply to students who are born on 1 January and have repeated a year of study.
- 2.2 All students can only compete in one division of that particular sport within the same year.
- 2.3 Students aged 11 can play in either the Senior or Junior Division depending on their level of competency¹ for the following sports:
- | | |
|------------------|-----------------|
| a) Badminton | g) Table Tennis |
| b) Bowling | h) Taekwondo |
| c) Rope Skipping | i) Tennis |
| d) Sailing | j) Volleyball |
| e) Sepaktakraw | k) Wushu |
| f) Softball | |

Schools will make the decision based on what they deem to be the appropriate level of play for each 11-year old concerned (except Basketball, Floorball, Football, Golf, Gymnastics, Hockey, Netball, Rugby, Swimming and Track & Field).

2.4 Age Dispensation

¹ Participating schools should register their students for the Senior or Junior Division based on the student(s)' level of competency and readiness.

2.4.1 For Sports listed in the table below, 7-year olds and 8-year olds may participate in the National School Games. For specific divisions in which these students can participate, refer to **Annex C**.

- | | |
|------------------|------------------------|
| a) Badminton | g) Swimming |
| b) Bowling | h) Table Tennis |
| c) Golf | i) Taekwondo (Poomsae) |
| d) Gymnastics | j) Tennis |
| e) Rope Skipping | k) Track and Field |
| f) Sailing | l) Wushu |

2.4.2 Application has to be put forth by parents/guardians, endorsed by school Principals and submitted to respective NSGOCs for follow-up (Refer to **Annex D**).

2.4.3 Age dispensation is only applicable to the year of application.

3 ENTRIES

3.1 Senior Division

3.1.1 Each school is eligible to enter only one team² in each of the following divisions:

- a) Boys Senior Division
- b) Girls Senior Division

3.2 Junior Division

3.2.1 For the number of teams that a school can send for each sport, refer to **Annex E**.

3.3 All entries must be submitted through the Registration Module at <https://nsg.moe.edu.sg/nis/#!/login> on or before the stipulated closing date. This includes details of participants along with the necessary supporting documents.

- a) Baseline Safety Standards Acknowledgement Form
- b) Supporting documents for Special/Transfer case students
- c) Other forms as determined by the respective NSGOCs

3.4 Appeals for late/ erroneous entries³ submitted by schools will be accepted on a case-by-case basis with consensus from the Organising Committee. (Please refer to **Annex F**).

3.4.1 Schools must write in through the Principal, to inform the Convenors of any appeal at least one (1) working day before the next match.

4 REGISTRATION OF PARTICIPANTS

4.1 The total number of participants to be registered shall not deviate from that stated in the Rules and Regulations of the respective sports for both the Zonal and the National competitions.

² Schools can send more than 1 team in each division if approval to form a combined team with another school has been given.

³ The rule applies to late/ erroneous in entries and registration of participants.

4.2 Special provision for C+/Ag+ cases:

4.2.1 To increase the maximum number of registered players in NIS at point of registration beyond the current maximum registration number.

4.2.2 Team Manager to ensure that all students athletes registered have basic competency and training and go through rules of sport/game (as reflected in BSS School Acknowledgement)

4.3 Schools participating in the tournament shall register up to a **MAXIMUM of SIXTEEN (16)** participants and **MINIMUM of EIGHT (8)** participants. No other than those registered on the registered list are allowed to be in the substitution zone or team bench during each match. During the game, a minimum to play at the start and during the entire course of the game is **SIX (6) players**.

Maximum to Register in NIS	16
Minimum to Register in NIS	8
Minimum to have at the competition (on the field at all times)	6

4.4 If a school chooses not to register the maximum number of participants allowed by the sport at the time of registration, the school shall not be permitted to register additional participants subsequently.

4.5 Only in the event that any participant(s) registered is/are transferred or has/have to leave school during the preliminary rounds, the school shall be allowed to replace the affected participant(s).

4.5.1 Schools must write in to inform the Convenors of the replacement at least one (1) working day before the next match.

4.5.2 No replacement of participants is allowed once the competition reaches the semi-final stage or after two (2) games have been played in a single group round league.

4.6 When Zonal competitions are used as qualifying rounds for the National competitions, the top 4 teams of each division from each zone will qualify to compete in the National competition. Teams which have qualified for the National competition may register a new team list at the time of registration.

4.7 In competitions where there is a classification round for tiered competitions, players / teams will progress automatically to the tiered round with no further registration required.

4.8 International students can only be registered to play for their school **after** they have been issued with the student passes from the Immigration and Checkpoints Authority (ICA).

4.9 International students who are in the schools on exchange programme are not allowed to represent the school.

4.10 Students granted Leave of Absence (LOA) by MOE will be allowed to represent the school.

4.11 Registration constitutes representation, that is, once a student is registered to play for a school, he or she is deemed to have represented his or her school. Hence, the

student is not allowed to represent another school in the same sport in the same year.

SECTION B – COMPETITION RULES & REGULATIONS

5 COMPETITION FORMAT

5.1 For Team Sports, there must be a minimum of **three (3)** registered teams from **three (3)** different schools before a team competition can be organised.

5.2 Junior Division

5.2.1 The competition for, match-based sports⁴ shall be organised on an inter-school league format. Where entries are grouped, each group shall have a minimum of **four (4)** teams⁵ (Please refer to **Annex G**).

5.2.2 The Zonal competition of these five (5) team sports; Badminton, Basketball, Football, Netball and Table Tennis will be used as qualifying round for the National competition.

5.2.3 Any deviation from the Competition format requires approval from the Council or the Standing Committee and must be clearly stated in the respective sports' rules and regulations.

6 AWARD OF LEAGUE POINTS

6.1 Junior Division

6.1.1 The following scoring system shall apply:

Win	3 points
Draw	1 point
Loss / Walkover	0 point

6.2 In the case of a **two-schools tie**, the positions shall be established by the following sequence:

6.2.1 the winner of the match between the two schools concerned shall be awarded the higher placing.(Head to head)

6.2.2 followed by Goal Difference (all schools in the group)

6.2.3 followed by Goals Scored (all schools in the group)

6.3 If **more than two schools** have equal league points, the positions shall be established by the following sequence:

6.3.1 Goal Difference (i.e. of all matches played **only** among the tied schools)

6.3.2 Followed by Goals Scored (i.e. of all matches played **only** among the tied schools)

⁴ Match-based sports refer to Badminton, Basketball, Floorball, Football, Hockey, Netball, Rugby, Sepaktakraw, Softball, Table Tennis, Tennis and Volleyball.

⁵ The rule applies when the competition is organised in format involving two and more groups. The rule is **NOT** applicable for Zonal competition when a zone has less than four teams advancing to the national competition due to disqualification and/or other reasons.

6.3.3 The winner of the match between the two schools concerned shall be awarded the higher placing.(Head to head)

6.4 Should there be the case of the tie not being broken in 6.3 or 6.4; the 2 or more teams concerned will play a Penalty Shootout Competition to determine the positions. Refer to Para 28 for penalty shootout details.

7 PRIZES

7.1 Non-Tiered Competitions

7.1.1 The number of medals and trophies to be awarded for each division in the Zonal and National competitions shall be as follows:

No. of Participants/Teams	Position/Medals Awarded
3-4	2
5-6	3
7-8	4
9-10	5
11-12	6
13-14	7
15 and more	8

7.2 Tiered Competitions

7.2.1 Where there are tiered competitions, up to the top 40% of participants / teams of each tier can be awarded with medals.

7.2.2 Within each tier, the absolute number of medals awarded within each group should be the same.

7.3 The form of the medals awarded shall be as follows:

Position	Form of Medals
1 st	Gold
2 nd	Silver
3 rd	Bronze
4 th	Bronze
5 th to 8 th	Bronze

8 REPORTING AND GRACE PERIOD

8.1 Fifteen minutes (15 min) grace is allowed. The Convenor or his/her representative may at his/her discretion extend this grace period if he/she thinks the extension of grace period is justifiable (e.g. in special cases when delay may be caused by traffic jams, etc). However, the team concerned must contact the Convenor or his/her representative at the venue concerned to inform him/her of the delay. Teams must abide by the decision of the Convenor or his/her representative.

9 POSTPONEMENT

- 9.1 The Convenor or his representative shall, at his/her discretion, decide to postpone a match if he/she thinks the venue is unfit for play, or for any other valid reasons for which he/she deems a postponement is in order. Teams must abide by the decision of the Convenor or his/her representative.

10 WITHDRAWAL AND WALKOVER

- 10.1 Any withdrawal or walkover is considered to be contrary to the spirit of the sport.
- 10.2 Schools participating in the NSG should not withdraw or concede a walk-over without a valid reason.
- 10.3 For each withdrawal⁶ or walk-over, a written explanation duly endorsed by the Principal shall be submitted to the Convenor and the Game Advisor within two (2) working days.
- 10.4 A team that concedes a walk-over will get zero (0) points. The opposing team will be awarded three (3) points and five (5) goals awarded to them.
- 10.5 In the play-off for top 4 placing, any walkover will disqualify the team from being placed.

11 ABANDONED GAME

- 11.1 A written report by the Umpire and pitch manager are required for the abandoned game that is **not** due to inclement weather. The umpire and pitch manager are required to submit a written report on an abandoned game within one (1) working day.
- 11.2 All abandoned games due to bad weather or poor ground conditions will be played on another day stipulated by the convenor. The remaining time of the match will be played with the score at the time the match was stopped. The exception is when the 75% rule is applied in the preliminary round. (18 mins of the game is completed)
- 11.3 The Championship Organising Committee will deliberate on all abandoned games except for 11.2.
- 11.4 For decision on abandoned game, refer to Para 20 on disqualifications.

12 PROTEST

- 12.1 Any clarification on points of laws/rules, must be lodged immediately by the Team Manager (TM) **only** to the referee / umpire / judge. Any decision made by the referee / umpire / judge will be final.
- 12.2 All protests shall be referred to the NSGOC. The protest(s) must reach the Committee within **one (1)** working day following the match to which it relates unless stipulated otherwise in the respective sport's rules. The protest must be in writing

⁶ All results involving the team will be null and void.

and duly signed by the Principal. A protest fee of \$150 to be paid by the school (within 30 days from notification of outcome) if the protest is overruled.

12.3 The NSGOC will deliberate on the protest within **five (5)** working days. The decision will then be made known in writing to the school concerned.

12.4 When there is any conflict of interest, the school(s) involved will not sit in the committee considering the protest.

13 APPEAL (Please refer to **Annex H**)

13.1 Upon the release/disclosure of the decision of the NSGOC, only schools may appeal to the Council.

13.2 Notices of appeal shall be lodged with the Secretary / Secretariat of the Zonal / Central Council within two (2) working days upon receiving the NSGOC's decision. The appeal must be in writing and duly signed by the Principal or via email sent by the Principal.

13.3 An appeal fee of \$300 to be paid by the school (within 30 days from notification of outcome) if the appeal is overruled.

13.4 The Board of Appeal will deliberate on the appeal. The decision of the Board of Appeal shall be final.

14 SUSPENSION

14.1 Participant(s) suspended by any one of the following bodies is barred from participating in the NSG for that sport for the period of suspension:

- a) The School
- b) The Zonal Council
- c) The Singapore Primary Schools Sports Council (SPSSC)
- d) The National Sports Association (NSA) of the sport

15 TEAM MANAGER (TM)

15.1 Each participating team must be accompanied by a TM who shall remain with the team throughout the duration of play (Please refer to **Annex I**).

15.2 The TM shall be a teacher or School Adult Representative⁷ (SAR) appointed by the participating school. The appointment of an SAR as a TM should be based on the conditions and considerations given in **Annex J**.

15.3 The TM must check and comply with the hosting school's Standard Operating Procedures (SOPs) and communicate all the information to all stakeholders associated with the participating school.

⁷ SAR option is only available for the following individual sports (*Bowling, Golf, Gymnastics, Rope skipping, Sailing, Swimming, Table Tennis, Taekwondo, Tennis, Track & Field and Wushu*). From 2021 onwards, schools may appoint parents as SAR(P) to represent their schools as Team Managers to accompany up to 3 student athletes for each distinct competition of the same sport (Refer to SAR package for details).

- 15.4 TMs are expected to conduct themselves with decorum during competitions.
- 15.5 TMs are not allowed to interfere with the final decision taken by the referee/umpire/judge/official on points of laws/rules after clarification has been sought. If such interference results in disruption of any match, a report shall be made by the Convenor and the matter brought to the attention of the NSGOC for appropriate action.

16 REFEREE / UMPIRE / JUDGE / OFFICIAL / PITCH or COURT MANAGERS

- 16.1 SHF registered umpires will be engaged to officiate all matches. Participating schools will have to get the acknowledgement form signed by the umpires after every match played. The Home Team Teacher I/C will get the form duly signed for submission.
- 16.2 The Convenor/Pitch Manager in consultation with the umpires shall decide if the pitch is fit for play.
- 16.3 Schools should ensure that their referees / umpires / judges / officials pitch or court managers are present to fulfil their duties as scheduled by the Convenor and in alignment to the spirit of the Officials' Oath (Please refer to **Annex A** for officials' oath).
- 16.4 The umpire will complete and submit the match record form to the respective pitch manager at the end of each match day. The pitch manager will update the NSGO Executive with the summary of all scores for updating on the SPSSC website.

17 COACHES

- 17.1 Coaches are expected to conduct themselves with decorum during competitions and in alignment to the code of conduct (**Refer to Annex K**) and spirit of the Coaches Oath (**Refer to Annex A**) during competitions.
- 17.2 Coaches are not allowed to approach the officials to query their decisions. Only TMs are allowed to approach officials to seek clarifications.
- 17.3 Schools must ensure that their coaches adhere to the SPSSC Rules and Regulations and the Code of Conduct.

18 SUPPORTERS

- 18.1 Schools sending supporters to any competition shall ensure that their students are in proper school attire and that there are sufficient teachers present who would be responsible for the management of and well-being of their students.
- 18.2 Hosting schools reserve the rights to prevent any supporters from entering the competition if he/she failed to comply with the school' Venue Sourcing SOPs.
- 18.3 All supporters are required to remain within the stipulated area for supporters throughout the competition. They are not allowed to be in the competition arena or participate in any form of sideline coaching and/or interference during the game.

- 18.4 Participating schools must ensure that their supporters attending the competition(s) conduct themselves properly (Refer to **Annex A**). In the event that unsportsmanlike behaviour is observed, the Convenor/ hosting school's representative may, at his/ her discretion, issue an eviction of the supporter(s) from the training / competition venue.

19 BREACH OF CODE OF CONDUCT BY PARTICIPANTS / TMs / OFFICIALS / COACHES

- 19.1 A Disciplinary Panel comprising members of the NSGOC will be formed to investigate the breach, presided by a Principal, who is the Chairman of the Discipline and Recognition Sub-Committee. The Panel may co-opt members outside the NSGOC, including personnel from the national sports association, to provide technical advice.
- 19.2 Any athlete, coach, official, or spectator found guilty of aggressive behaviour through a fight / assault at the NSG, shall be expelled from the NSG, and be banned from it, for the calendar year of the NSG. This shall also apply to all fights / assaults traced to an NSG competition, either immediately, before, during or after the competition.
- 19.3 An appeal against the decision of the Disciplinary Panel may be submitted by the school (for participants, coaches, and TMs) and/or the official, to the Council, whose decision shall be final (Please refer to Para 13 with regards to the Appeal process).

20 DISQUALIFICATION

- 20.1 A school will be disqualified if:

- a) it fields an ineligible participant who is:
 - i. overaged
 - ii. underaged
 - iii. unregistered
 - iv. suspended (with reference to para 14)
 - v. without a valid student pass
 - vi. not a bona-fide student of the school
- b) its participant(s) are not accompanied by a TM
- c) its participants caused a game / match to be abandoned

- 20.2 All results involving the team which has been disqualified will be considered null and void.

21 ATTIRE

- 21.1 All participants must be suitably attired in accordance with the requirement of the sport. The attire should bear the school colours / logo / badge or name.
- 21.2 All jerseys shall be numbered clearly on the back. All outfield participants shall wear uniform jerseys but numbered differently. No accessories (watches, bangles, jewellery, plastic hairbands etc) are allowed to be worn by participants. Spectacles must be worn with straps.
- 21.3 Participants must be attired as follows:
- 21.3.1 Boys: Jersey / Shirt and Shorts

21.3.2 Girls: Jersey / Shirt and Shorts / Skirts / Skorts

Participants may choose to wear tights beneath their skirts / shorts. For such participants, their tights must be:

- a) a solid colour (no multi-colour or patterned tights), and
- b) same colour as the jersey colours or black in colour

Participants from the same team / school using tights should coordinate such that their tights are of the same colour.

21.4 Any additional items of clothing worn by a player during a match must be the same colour as the adjoining piece of clothing.

21.5 The Home team (first named team) shall wear its primary kit. The Away team (second named team) is entitled to wear its primary kit unless there is a clash in which case the Away team must wear its secondary kit.

Goalkeepers must wear colours that do not clash with those of either the Home or Away teams.

21.6 No team is allowed to play without the proper attire. It is advisable for teams to bring both kits to the competition venue in case they are required to change. All jerseys must be clearly numbered and **failure to adhere to this rule will result in the team conceding a walkover**. The attire should bear the school logo/badge or name.

21.7 Use of shin-guards or shin-pads is compulsory. Failing which a participant cannot participate in the game. Shin pads must be covered by socks. Team socks must be of a uniform colour.

21.8 Players are permitted to wear a soft face and head protection throughout a match for medical reasons subject to an appropriate medical certificate being submitted and approved by the National Convenor/Adviser before the match/tournament.

21.9 Players who have been registered using a certain number must use the same number throughout the competition. Schools must ensure that all participants wear correct numbered jerseys as reflected on the team sheet on the match day. Schools / players that do not comply will be referred to discipline committee and may be disqualified from the competition.

21.10 Footwear is compulsory for all participants. Boots with metal studs are not permitted.

21.11 The Home team must provide two regulation balls for each game.

21.12 Each team must have a Captain, on the field of play or on the team bench during the match. The Captain is responsible for the behaviour of his/her team players on the field of play.

21.13 Goalkeepers must be completely protected, and must wear a helmet, chest guard, leg guard and kickers. In the interest of safety, no kicking back will be allowed.

22 GAME FORMAT

22.1 A match between 2 participating schools shall consist of 4 outfield participants and one goalkeeper per school. Up to 7 substitutes may be named in the team list.

23 DURATION OF GAME:

23.1 Each match shall consist of three (3) equal periods of eight (8) minutes:

Period	Duration (mins)
1	8
Break	5
2	8
Break	5
3	8
Total Match Time	34

There will be a five (5) minute break between each period.

23.2 In the event of inclement weather (including haze) or other reasons acceptable by the Org Comm, if 75% or more of the game duration/match is played, (this amounts to at least 18 minutes out of 24 minutes, based on umpires' time) the result of the match will stand as the final result. This would only apply to the preliminary round and second round games (if any).

23.3 The maximum waiting time for the game to resume is 10 minutes failing which the game shall be postponed and the remaining time to be played at the next convenient date/time in the schedule. The umpire has the right to stop time if the game is delayed due to technical reasons and serious injury. The 10 minutes includes any time taken from the grace period.

23.4 A school may play up to 2 matches on a particular game day.

24 PLAYING AREA

24.1 The size of the pitch is 30m by 55 m. It is generally using one-third of the full sized hockey pitch. The goal post used will be a modified version 3 metres wide and 0.5 metres high (refer to **Annex M**).

25 MINIMUM NUMBER OF PLAYERS

25.1 The minimum number of participants required before a match can start is **SIX (6)**. If a team fails to field the required number within ten (10) minutes of the scheduled starting time, the Umpires will call off the match and report the matter to the Pitch Manager/National Convenor. If the number of participants falls below this required minimum (during the start and throughout the game), the team concerned shall be taken to have conceded the match with a 0 – 5 score line. 3 points will be awarded to the opposing team.

25.2 Team Managers must bring a copy of the NIS registration summary report and team sheets for each match day. The summary report will be submitted as an attendance list upon entry to the venue. The signed and stamped team sheet must be submitted to the officials 10 minutes before the start of every match. All participants in the team sheet must be registered participants.

25.3 Schools may bring all registered players to the competition venue. Team Managers are to select the twelve (12) players on their team sheets by ticking (✓) the first 5 players starting the match and the 7 substitutes. Before the match commences, only the registered 7 substitutes, Team Manager and Coach will be allowed to remain at the team bench area. The other registered players who are not participating may observe the match from a distance apart from those participating in the match.

26 TEAM BENCH AREA

26.1 Only the twelve (12) registered participants (para 25.3), TMs and coaches are allowed within the team bench area (only the names reflected on the team registration form). No unregistered participants, coaches, parents, ex-students or supporters are allowed. Only registered coach or TM are allowed into the field of play during the match to assist and assess injuries to their student athlete(s), if any.

27 PARTICIPANTS AND SUBSTITUTES

27.1 Schools shall register a **MINIMUM of EIGHT (8)** and a **MAXIMUM of SIXTEEN (16)** student participants on NIS, from which they are allowed to choose their 12 participants for the respective matches.

27.2 Each team shall consist of six (6) players, comprising four (4) outfield players, one (1) goalkeeper with one (1) substitute minimally. It is mandatory for the team to play with a goalkeeper.

27.3 All teams must submit the team sheets to the officials 10 minutes before the start of every match. All participants in the team sheets must be registered participants. Once the team sheets have been submitted to the umpires before the start of the match, no switching of players is allowed.

27.4 Substitution: The mode of Rolling Substitutes shall be used.

27.4.1 Substitution is permitted at any time except within the period from the award of a Penalty Stroke (refer to para 28.8) arising from a deliberate infringement by a defender within the 12m scoring zone (8 second one-on-one penalty shootout) until after it has been completed; during this period substitution is only permitted for injury to or suspension of the defending goalkeeper.

27.4.2 All substitutions in pitch 1 and 3 shall take place at the halfway line. Substitutions in pitch 2 shall take place at the goal post line. A suspended goalkeeper must be replaced.

27.4.3 In the case of a suspension, the substitute goalkeeper may be one of the remaining players left on the field or a substitute player from the bench. However, the substitute player should not add to the number of players left on the field.

27.4.4 Substitution of a player is permitted only after that player has left the field.

27.5 No participant, spectator or coach will be allowed to stand behind goal posts at any time or on the playing surface for safety reasons and to avoid distracting players/goalkeepers throughout the duration of the game.

28 PLAYING THE BALL

- 28.1 The Home team shall provide 2 competition grade balls to the umpire before the start of the match.
- 28.2 The start of the game will be dictated by a toss of a coin. The winner of the toss shall decide between starting or choosing the side to play from. The team that gets to start the first third, shall also get to start the final third.
- 28.3 The teams shall change scoring ends at the end of each period.
- 28.4 Standard FIH rules apply for playing balls from a stationary position.
- 28.5 When the ball is played over the opponent's backline by an attacker, a free hit is awarded to the defending team from the 12 metres scoring zone line, in line with where the ball crossed the backline.
- 28.6 When the ball is played over the backline unintentionally by a defender or goalkeeper, a long corner will be awarded. The long corner will be taken from the halfway mark, in line with where the ball crossed the backline. For long corners, the ball needs to be moved 5 metres in any direction before it is played into the 12 metres scoring zone.
- 28.7 Goal hits can be taken from the 12m mark and the other team must stand 5m from the ball.
- 28.8 **Penalty Strokes / Penalty Corners:** There are no traditional penalty strokes from the penalty spot or penalty corners for an intentional breach of the rules within the 12 metres scoring zone. Instead, the opponent will be awarded an 8 seconds one-on-one Penalty Shoot-out. The ball is placed at the middle of the 12 metres scoring zone line and the attacker has 8 seconds to score the goal. For this tournament, any in game 8 seconds one-on-one Penalty Shoot-out caused by an intentional breach of the rules will be referred to as a **Penalty Stroke**. Umpires will use a Penalty Stroke signal to indicate the award of this penalty. Penalty Shootouts for tied games at each phase of the competition will be referred to as **3 Penalty Shoot-out Competition**.

29 SCORING

- 29.1 A goal may only be scored when the ball has been touched and is played by an attacker within the 12 metres scoring zone of the pitch and passes completely over the goal line and under the cross-bar. For any own goal situation, the opposing team will be awarded a free 'hit' at the halfway mark of the pitch.
- 29.2 If the goalpost has been moved during the match, and the ball, in the umpire's judgement and discretion, completely crosses the goal line at the goal's original position, the goal is still valid.
- 29.3 The ball must cross the goal line below the cross bar.

ii. Suspension of Players

29.3.1 Green Card – 2 minutes

29.3.2 Yellow Card – Minimum 5 minutes

29.3.3 Red Card – Immediate suspension from the day's games (**see para 29.4**)

29.3.4 As an added point to rule, a player receiving the following:

- a. three (3) green cards ; or
- b. two (2) yellow cards; or
- c. two (2) green cards and 1 yellow card

will automatically be suspended from playing in the next match.

29.3.5 The responsibility of monitoring the cards received by a listed player in any Championship is that of the **School**.

29.4 **SENT OFF (RED CARD)**

29.4.1 A player who is sent-off (receiving a Red Card) for misconduct will not be allowed to continue the game. Any player so sent-off may not be substituted. Umpires are to report such cases of misconduct to the Pitch Manager & National Convenor

29.4.2 A player who receives a Red Card cannot play in any more games until the Hockey Discipline Committee has met and decide on the action to be taken. A minimum suspension of two (2) matches may be imposed. He is to appear before the Discipline Committee with the teacher-in-charge if required

30 FOULS AND PENALTIES

30.1 **Penalty (for open play infringements)**– A Foul (Free Hit) is awarded to the team being impeded by the other team.

30.1.1 **For unintentional fouls** by the defender in the 12 meters scoring zone, a free hit will be awarded to the Attacking team taken from just outside the 12meters scoring zone in line with where the foul was committed. All players other than the player taking the free hit must be 5 meters from the ball.

30.1.2 **For intentional fouls** by the defender in the 12 meters scoring zone, a 1 versus 1 penalty will be awarded. Umpires will use a Penalty Stroke signal to indicate the award of this penalty. The rules and procedure of the 1 versus 1 Penalty will be taken be as per 30.6.

30.2 **Penalty Shoot-Out (for tied games)** – The 3 penalty shoot-out is used to decide the winner if the match ends in a draw in each phase of the tournament. If a tie should result at the end of 3 penalty shoot-out, the shoot-out will automatically go into sudden-death. The same 3 penalty shoot-out takers but, in any order, would have to take each sudden death penalty until a winner is determined.

30.3 For either a penalty/ 3 penalty shoot-out, the attacking participant will start from the 12m mark and they have 12 seconds to score. The goalkeeper has to start from the goal line when the penalty shoot-out begins. The other participants will remain outside of the penalty shoot-out area until a goal is scored or the time limit is reached.

30.4 For a penalty shoot-out, the names of the said three participants and (if the three participants do not include a goalkeeper) and one goalkeeper shall be communicated by the teacher-in-charge to the umpires of the match prior to the commencement of the shoot-out competition. The three participants must take the penalty shoot-out in the sequence in which their names are communicated to the umpires.

30.5 The goalkeeper playing in the penalty shoot-out competition shall not be replaced in the course of the said penalty shoot-out competition unless he/she is, to the satisfaction of the match umpires, incapacitated and unable to perform the role of a goalkeeper.

30.6 Taking a shoot-out:

30.6.1 The goalkeeper starts next to the goal posts (not more than a metre away);

30.6.2 The ball is placed on the 12m line spot in the middle of the pitch;

30.6.3 An attacker stands outside the 12m area near the ball;

30.6.4 The Umpire blows the whistle to start time;

30.6.5 The attacker and the goalkeeper may then move in any direction;

30.6.6 The other participants may not interfere at any time of the shoot-out.

30.7 If during a penalty shoot-out competition, a penalty shoot-out taker is suspended, then that person shall take no further part in the said penalty shoot-out competition. If during a penalty shoot-out competition, a goalkeeper is suspended, that goalkeeper may be substituted.

30.8 The match umpires shall choose the goalpost to be used for the penalty shoot-out competition, and they shall toss a coin in the presence of the captains of the teams to decide which team shall take the first penalty stroke. The team having the highest number of goals shall be the winner, and the penalty shoot-out competition shall cease once a winner is established.

30.9 In the event both teams score equal number of goals, another series of shoot-out shall be taken with the same participants who were nominated to take the penalty shoot-out in the penalty shoot-out competition

30.9.1 Such participant(s) may be replaced only if the match umpires are satisfied that the said participant(s) is/are incapacitated and is/are unable to participate any further in this series of shoot-out. This series shall be played on a "sudden death" basis, i.e. the winner shall be the first team to score more goals after an equal number of shoot-out (no minimum) has been taken by each team.

30.9.2 The teacher-in-charge shall be entitled to alter the sequence of his penalty shoot-out takers from the sequence adopted for the first competition of 3 penalties.

30.9.3 Only the teacher-in-charge, goalkeeper and nominated penalty shoot-out takers may enter the pitch during a shoot-out competition.

30.9.4 Only the penalty shoot-out taker, goalkeeper (defending the penalty shoot-out) and match umpires shall be entitled to remain within the 12m area of the goalpost where the penalty shoot-out is being taken.

30.9.5 No one who has been shown a red card during a match shall be eligible to participate in a penalty shoot-out competition held at the conclusion of the said match.

SECTION C – AMENDMENTS AND MATTERS NOT PROVIDED FOR

31 MATTERS NOT PROVIDED FOR

31.1 All matters not provided for in these Rules and Regulations shall be dealt with by the respective NSGOCs.

32 AMENDMENTS

32.1 The SPSSC shall have the right to delete, add or amend the rules and regulations laid down herein.

List of Annexes

- A SPSSC Mission, Aspirations and Motto
- B NSGOC Terms of Reference
- C Age Group
- D Age Dispensation
- E Summary of Registration of Number of Entries for each sport
- F Management of Appeal for Late/ Erroneous Registration Workflow
- G Competition Format
- H Workflow for Appeal
- I Role of Team Managers
- J Flow Chart for appointing School Adult Representative (Parent) [SAR(P)]
- K Code of Conduct for Coaches
- L Playing Area for Junior 2 Division (3 Pitch Format)
- M Size of Goalpost Used for Competition

SINGAPORE PRIMARY SCHOOLS SPORTS COUNCIL (SPSSC)
AND SINGAPORE SCHOOLS SPORTS COUNCIL (SSSC)

Mission, Motto and Aspirations

Mission Statement

“To provide quality competition experience to our school athletes to support character development through the pursuit of sporting excellence”


Motto

“Character in Sporting Excellence”

Aspiration 1: *Every athlete an honourable sportsman*

Guiding Principle:

The athlete abides by the rules of the sport, gives his best in training and competitions, wins humbly and loses graciously. He participates actively and is committed to the skills development in his sport. He respects his opponents, teammates, coaches, teachers and officials, and displays exemplary conduct both on and off court.



ATHLETES' OATH

**“In the name of all competitors
we promise that we shall take part
in these National School Games,
respecting and abiding by the rules which govern them,
committing ourselves to the true spirit of sportsmanship,
without doping and without drugs,
for the glory of sport
and the honour of our teams.”**

(Revised version 2015; Adapted from the Olympic Athletes' Oath, 1999)

Character in Sporting Excellence

Aspiration 2: *Every teacher and coach an inspiring role model and mentor*

Guiding Principle:

The teacher/coach endeavours to develop each athlete to his fullest potential. He focuses on student-centric and values-driven coaching. He maintains a professional relationship with the athletes and ensures their safety and well-being at all times. As a positive role model, he inspires and motivates the athletes towards greater heights.



COACHES' OATH

*In the name of all the coaches,
we promise to respect all athletes,
officials and coaches in these
National School Games.
We shall act in the best interest of the
athletes and schools,
without doping and without drugs.
We commit ourselves to ensure that the
spirit of sportsmanship and fair play is
fully adhered to and upheld always."*

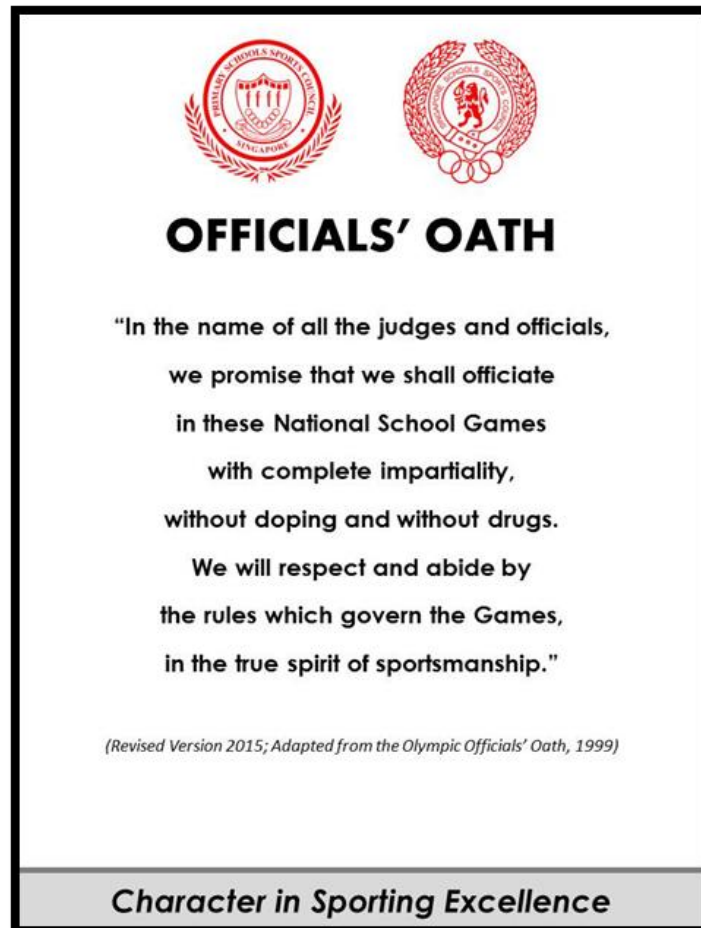
(Revised 2016; Adapted from the Olympic Coaches' Oath, 2012)

Character in Sporting Excellence

Aspiration 3: *Every official a fair, respectable and competent authority*

Guiding Principle:

The official is well-versed in the rules of the sport, and enforces the laws of the sport with impartiality. He is alert and acts decisively when required. He ensures safety for all athletes and explains the rules when required. He upholds the professionalism of the sport.



Aspiration 4: *Every parent a supportive partner*

Guiding Principle:

The parent takes interest in his child's training and competitions. He ensures proper nutrition and rest, and actively enquires on his child's progress and development. He works with the teacher and coach, attends competitions and respects the referee's decisions.

Aspiration 5: *Every spectator a respectful, responsible and caring motivator*

Guiding Principle:

The spectator makes the effort to applaud excellence and fair play. The spectator shows appreciation for the efforts of all athletes, teachers, coaches, officials and organisers. He should cheer to encourage and motivate as well as care for the athletes' well-being. The parent takes interest in his child's training and competitions. He is responsible and keeps the venue safe and comfortable for all.



The graphic features two circular logos at the top. The left logo is for the Primary Schools Sports Council of Singapore, and the right logo is for the Singapore Sports Council. Below the logos, the title "SPECTATORS' CREED" is written in large, bold, black capital letters. Underneath the title, there are three sections, each with a heading in bold, gold-colored text and a list of bullet points in blue text. The first section is "Be a Respectful Supporter" with two bullet points: "Applaud excellence and fair play" and "Appreciate the efforts of all athletes, teachers, coaches, officials and organisers". The second section is "Be a Caring Motivator" with two bullet points: "Cheer to encourage and motivate" and "Care for athletes' well-being". The third section is "Be a Responsible Spectator" with two bullet points: "Keep the venue safe and comfortable for all" and "Keep the venue clean". At the bottom of the graphic, a grey bar contains the text "Character in Sporting Excellence" in red.

SPECTATORS' CREED

Be a Respectful Supporter

- Applaud excellence and fair play
- Appreciate the efforts of all athletes, teachers, coaches, officials and organisers

Be a Caring Motivator

- Cheer to encourage and motivate
- Care for athletes' well-being

Be a Responsible Spectator

- Keep the venue safe and comfortable for all
- Keep the venue clean

Character in Sporting Excellence

Aspiration 6: *Every game a safe and enriching learning experience*

Guiding Principle:

The format of competition is developmental and age-appropriate. The games provide athletes with the opportunity to display their sporting prowess, and be recognised for their achievements. Athletes enjoy the competitions, which are conducted under safe and conducive environments.

**TERMS OF REFERENCE FOR SPSSC/SSSC
NATIONAL SCHOOL GAMES ORGANISING COMMITTEES (NSGOCs)**

The NSGOCs shall have sub-committees to ensure the successful organising and completion of their respective sports that includes but is not limited to the following functions:

1. TECHNICAL

- a. Establish competition rules and regulations for the sport to ensure age appropriateness and opportunities for skills development, including, but not restricted to:
 - Age grouping / division
 - Format of competition
 - Permitted equipment
 - Field of play
 - Duration of play; intervals
 - Number of participants
 - Substitution rules, etc.
- b. Identify and appoint the technical director and officials for each competition.
- c. Monitor and review baseline safety standards for the competition.
- d. Review and update competition rules and regulations annually and submit Games Recommendations to National School Games Organising Committee or Council Standing Committee for approval, where appropriate.

2. COMPETITION

Organise the competition according to the rules and regulations, and established safety standards, including:

- a. Planning and Execution:
 - i. Work out the competition schedules, fixtures and venues required.
 - ii. Communicate with participating teams on all competition matters, including, but not limited to rules, dates, fixtures, venue, etc.
 - iii. Identify and appoint Competition Director (if applicable) for deployment of officials.
 - iv. Manage competition officials, venues, equipment, medical cover and logistics for effective and efficient conduct of the competition.
- b. Risk Assessment and Management:
 - i. Carry out risk assessment and management planning for each venue, including adherence to the baseline safety standards.
 - ii. Communicate relevant parts of the risk assessment and management plan to all relevant parties.
 - iii. Monitor and manage safety and security issues at the competition venue.

- c. Venue Management:
 - i. Ensure competition venues (including hosting schools) have the following in good condition to support the competition:
 - o Equipment
 - o Line Drawings (if applicable)
 - o Consumables
 - ii. Inform Hosting Schools of competition schedule.
 - iii. Disseminate competition fixtures to all Hosting and Participating Schools once fixtures are confirmed.
 - iv. Inform Hosting and Participating Schools at least three (3) working days before should there be any changes in venue or fixtures.
 - v. Ensure that technical officials and medical support (if applicable) arrive at stipulated time at the competition venue.
 - vi. Remind Team Managers at school briefing:
 - o To check the latest Info Pack of the Hosting Schools in NIS before each match day
 - o To inform their fellow colleagues who may be accompanying their students for the competitions on their behalf
 - vii. Prepare the competition venue, such as display of PDPA notifications, proper allocation of spaces for assembly, warm-up, match, rest areas, spectators, where appropriate.
- d. Results Processing:
 - i. Ensure competition results are promptly and accurately sent to the NSGO for uploading to the NSG website.
- e. Protest Management:
 - i. Respond to query(ies)/protest(s) by participating school(s) during the competition.
 - ii. Conduct investigations and resolve the query(ies)/protest(s) relating to the competition.

3. RECOGNITION, APPEAL AND DISCIPLINE

- a. Recognition
 - i. Develop and implement appropriate recognition (including recognition criteria), to support the desired outcomes of the National School Games, such as Sportsmanship Award.
 - ii. Collect and communicate good stories to relevant party(ies), including participating schools, MOE HQ and the media where appropriate.
 - iii. Plan and organise prize-giving ceremonies for the competition.
- b. Appeal
 - i. Work with Competition and Technical Sub-Committees to conduct investigations with all parties involved, in consultation with the Games Advisor and Vice-Chairman of the Standing Committee where relevant.
 - ii. Resolve all appeals and respond to relevant party(ies) on the outcome within a week of incident reported.
 - iii. Update SPSSC/SSSC Standing Committee on the outcome of the queries / protests / appeals, where warranted.

c. Discipline

- i. Work with Competition and Technical Sub-Committees to conduct investigations pertaining to disciplinary case(es) with all parties involved, in consultation with the Games Advisor.
- ii. Resolve all disciplinary case(es) and respond to relevant party(ies) on the outcome within a week of the case(es).
- iii. Develop disciplinary policies and systemise processes to manage student(s), teacher(s), coach(es) and umpire(s) for alignment to the Councils' mission, motto and aspirations.

AGE GROUP FOR 2022

S/N	Sport	Senior Division	Junior Division	Age Dispensation	Remark
1	Badminton	1 Jan 2012 1 Jan 2011 --- 31 Dec 2011 1 Jan 2010 --- 31 Dec 2010 2 Jan 2009 --- 31 Dec 2009	1 Jan 2014 1 Jan 2013 --- 31 Dec 2013 1 Jan 2012 --- 31 Dec 2012 1 Jan 2011 --- 31 Dec 2011	1 Jan 2016 1 Jan 2015 --- 31 Dec 2015 1 Jan 2014 --- 31 Dec 2014 Applicable for Junior Div	11-Years-Old Overlap
2	Basketball	1 Jan 2011 1 Jan 2010 --- 31 Dec 2010 2 Jan 2009 --- 31 Dec 2009	1 Jan 2014 1 Jan 2013 --- 31 Dec 2013 1 Jan 2012 --- 31 Dec 2012 2 Jan 2011 --- 31 Dec 2011 1 Jan 2011 (<i>subject to conditions laid out in para 2.1</i>)	Not applicable	
3	Bowling	1 Jan 2012 1 Jan 2011 --- 31 Dec 2011 1 Jan 2010 --- 31 Dec 2010 2 Jan 2009 --- 31 Dec 2009	1 Jan 2014 1 Jan 2013 --- 31 Dec 2013 1 Jan 2012 --- 31 Dec 2012 2 Jan 2011 --- 31 Dec 2011 1 Jan 2011 --- 31 Dec 2011	1 Jan 2016 1 Jan 2015 --- 31 Dec 2015 1 Jan 2014 --- 31 Dec 2014 Applicable for Junior Div	11-Years-Old Overlap
4	Floorball	1 Jan 2011 1 Jan 2010 --- 31 Dec 2010 2 Jan 2009 --- 31 Dec 2009	1 Jan 2014 1 Jan 2013 --- 31 Dec 2013 1 Jan 2012 --- 31 Dec 2012 2 Jan 2011 --- 31 Dec 2011 1 Jan 2011 (<i>subject to conditions laid out in para 2.1</i>)	Not applicable	
5	Football	1 Jan 2011 1 Jan 2010 --- 31 Dec 2010 2 Jan 2009 --- 31 Dec 2009	1 Jan 2013 1 Jan 2012 --- 31 Dec 2012 2 Jan 2011 --- 31 Dec 2011 1 Jan 2011 (<i>subject to conditions laid out in para 2.1</i>)	Not applicable	

S/N	Sport	Senior Division	Junior Division	Age Dispensation	Remark
6	Golf		1 Jan 2014 1 Jan 2013 --- 31 Dec 2013 1 Jan 2012 --- 31 Dec 2012 1 Jan 2011 --- 31 Dec 2011 1 Jan 2010 --- 31 Dec 2010 2 Jan 2009 --- 31 Dec 2009	1 Jan 2016 1 Jan 2015 --- 31 Dec 2015 1 Jan 2014 --- 31 Dec 2014 Applicable for both Boys and Girls	
7	Artistic Gymnastics	<u>Boys Senior Optional</u> 1 Jan 2011 1 Jan 2010 --- 31 Dec 2010 2 Jan 2009 --- 31 Dec 2009 <u>Girls Senior I & Girls Senior II</u> 1 Jan 2011 1 Jan 2010 --- 31 Dec 2010 2 Jan 2009 --- 31 Dec 2009	<u>Boys Junior Under 9</u> See 'Age Dispensation' <u>Boys Junior Novice & Boys Junior Optional</u> 1 Jan 2014 1 Jan 2013 --- 31 Dec 2013 1 Jan 2012 --- 31 Dec 2012 2 Jan 2011 --- 31 Dec 2011 1 Jan 2011 (<i>subject to conditions laid out in para 2.1</i>) <u>Girls Junior I</u> 1 Jan 2014 2 Jan 2013 --- 31 Dec 2013 <u>Girls Junior II</u> 1 Jan 2013 1 Jan 2012--- 31 Dec 2012 2 Jan 2011 --- 31 Dec 2011 1 Jan 2011 (<i>subject to conditions laid out in para 2.1</i>) <u>Girls Junior III</u>	1 Jan 2016 1 Jan 2015 --- 31 Dec 2015 1 Jan 2014 --- 31 Dec 2014 Applicable for: Boys Junior Under 9, Junior Novice and Junior Optional; Girls Junior I and Junior III (Not applicable for Junior II)	A competitor from the Junior Division may opt to participate in the Senior Division, except for the Girls Senior I category.

S/N	Sport	Senior Division	Junior Division	Age Dispensation	Remark
			1 Jan 2014 1 Jan 2013 --- 31 Dec 2013 1 Jan 2012 --- 31 Dec 2012 2 Jan 2011 --- 31 Dec 2011 1 Jan 2011 (<i>subject to conditions laid out in para 2.1</i>)		
	Rhythmic Gymnastics	1 Jan 2011 1 Jan 2010 --- 31 Dec 2010 2 Jan 2009 --- 31 Dec 2009	1 Jan 2014 1 Jan 2013 --- 31 Dec 2013 1 Jan 2012 --- 31 Dec 2012 2 Jan 2011 --- 31 Dec 2011 1 Jan 2011 (<i>subject to conditions laid out in para 2.1</i>)	1 Jan 2016 1 Jan 2015 --- 31 Dec 2015 1 Jan 2014 --- 31 Dec 2014 Applicable for Junior Div	A competitor from the Junior Division may opt to participate in the Senior Division.
8	Hockey	1 Jan 2011 1 Jan 2010 --- 31 Dec 2010 2 Jan 2009 --- 31 Dec 2009	<u>Junior 1</u> 1 Jan 2013 2 Jan 2012 --- 31 Dec 2012 <u>Junior 2</u> 1 Jan 2012 2 Jan 2011 --- 31 Dec 2011 1 Jan 2011 (<i>subject to conditions laid out in para 2.1</i>)	Not applicable	
9	Netball	1 Jan 2011 1 Jan 2010 --- 31 Dec 2010 2 Jan 2009 --- 31 Dec 2009	1 Jan 2014 1 Jan 2013 --- 31 Dec 2013 1 Jan 2012 --- 31 Dec 2012 2 Jan 2011 --- 31 Dec 2011 1 Jan 2011 (<i>subject to conditions laid out in para 2.1</i>)	Not applicable	
10	Rope Skipping	1 Jan 2012 1 Jan 2011 --- 31 Dec 2011 1 Jan 2010 --- 31 Dec 2010 2 Jan 2009 --- 31 Dec 2009	1 Jan 2014 1 Jan 2013 --- 31 Dec 2013 1 Jan 2012 --- 31 Dec 2012 2 Jan 2011 --- 31 Dec 2011 1 Jan 2011 --- 31 Dec 2011	1 Jan 2016 1 Jan 2015 --- 31 Dec 2015 1 Jan 2014 --- 31 Dec 2014 Applicable for Junior Div	11-Years-Old Overlap

S/N	Sport	Senior Division	Junior Division	Age Dispensation	Remark
11	Rugby	1 Jan 2011 1 Jan 2010 --- 31 Dec 2010 2 Jan 2009 --- 31 Dec 2009	1 Jan 2013 1 Jan 2012 --- 31 Dec 2012 2 Jan 2011 --- 31 Dec 2011 1 Jan 2011 (<i>subject to conditions laid out in para 2.1</i>)	Not applicable	
12	Sailing	1 Jan 2012 1 Jan 2011 --- 31 Dec 2011 1 Jan 2010 --- 31 Dec 2010 2 Jan 2009 --- 31 Dec 2009	1 Jan 2014 1 Jan 2013 --- 31 Dec 2013 1 Jan 2012 --- 31 Dec 2012 2 Jan 2011 --- 31 Dec 2011 1 Jan 2011 --- 31 Dec 2011	1 Jan 2016 1 Jan 2015 --- 31 Dec 2015 1 Jan 2014 --- 31 Dec 2014 Applicable for Junior Div	11-Years-Old Overlap
13	Sepaktakraw	1 Jan 2012 1 Jan 2011 --- 31 Dec 2011 1 Jan 2010 --- 31 Dec 2010 2 Jan 2009 --- 31 Dec 2009	1 Jan 2014 1 Jan 2013 --- 31 Dec 2013 1 Jan 2012 --- 31 Dec 2012 2 Jan 2011 --- 31 Dec 2011 1 Jan 2011 --- 31 Dec 2011	Not applicable	11-Years-Old Overlap
14	Softball	1 Jan 2012 1 Jan 2011 --- 31 Dec 2011 1 Jan 2010 --- 31 Dec 2010 2 Jan 2009 --- 31 Dec 2009	1 Jan 2013 1 Jan 2012 --- 31 Dec 2012 2 Jan 2011 --- 31 Dec 2011 1 Jan 2011 --- 31 Dec 2011	Not applicable	11-Years-Old Overlap
15	Swimming	<u>Senior 1</u> 1 Jan 2011 2 Jan 2010 --- 31 Dec 2010 <u>Senior 2</u> 1 Jan 2010 2 Jan 2009 --- 31 Dec 2009	<u>Junior 1</u> 1 Jan 2014 1 Jan 2013 --- 31 Dec 2013 2 Jan 2012 --- 31 Dec 2012 <u>Junior 2</u> 1 Jan 2012 2 Jan 2011--- 31 Dec 2011 1 Jan 2011 (<i>subject to conditions laid out in para 2.1</i>)	1 Jan 2016 1 Jan 2015 --- 31 Dec 2015 1 Jan 2014 --- 31 Dec 2014 Applicable for Junior Div	

S/N	Sport	Senior Division	Junior Division	Age Dispensation	Remark
16	Table Tennis	1 Jan 2012 1 Jan 2011 --- 31 Dec 2011 1 Jan 2010 --- 31 Dec 2010 2 Jan 2009 --- 31 Dec 2009	1 Jan 2014 1 Jan 2013 --- 31 Dec 2013 1 Jan 2012 --- 31 Dec 2012 2 Jan 2011 --- 31 Dec 2011 1 Jan 2011 --- 31 Dec 2011	1 Jan 2016 1 Jan 2015 --- 31 Dec 2015 1 Jan 2014 --- 31 Dec 2014 Applicable for Junior Div	11-Years-Old Overlap
17	Taekwondo	1 Jan 2012 1 Jan 2011 --- 31 Dec 2011 1 Jan 2010 --- 31 Dec 2010 2 Jan 2009 --- 31 Dec 2009	1 Jan 2014 1 Jan 2013 --- 31 Dec 2013 1 Jan 2012 --- 31 Dec 2012 2 Jan 2011 --- 31 Dec 2011 1 Jan 2011 --- 31 Dec 2011	1 Jan 2016 1 Jan 2015 --- 31 Dec 2015 1 Jan 2014 --- 31 Dec 2014 Applicable for Junior Div	11-Years-Old Overlap
18	Tennis	1 Jan 2012 1 Jan 2011 --- 31 Dec 2011 1 Jan 2010 --- 31 Dec 2010 2 Jan 2009 --- 31 Dec 2009	1 Jan 2014 1 Jan 2013 --- 31 Dec 2013 1 Jan 2012 --- 31 Dec 2012 2 Jan 2011 --- 31 Dec 2011 1 Jan 2011 --- 31 Dec 2011	1 Jan 2016 1 Jan 2015 --- 31 Dec 2015 1 Jan 2014 --- 31 Dec 2014 Applicable for Junior Div	11-Years-Old Overlap
19	Track and Field	<u>Senior 1</u> 1 Jan 2011 2 Jan 2010 --- 31 Dec 2010 <u>Senior 2</u> 1 Jan 2010 2 Jan 2009 --- 31 Dec 2009	<u>Junior 1</u> 1 Jan 2014 1 Jan 2013 --- 31 Dec 2013 2 Jan 2012 --- 31 Dec 2012 <u>Junior 2</u> 1 Jan 2012 2 Jan 2011 --- 31 Dec 2011 1 Jan 2011 (<i>subject to conditions laid out in para 2.1</i>)	1 Jan 2016 1 Jan 2015 --- 31 Dec 2015 1 Jan 2014 --- 31 Dec 2014 Applicable for Junior Div	
20	Volleyball	1 Jan 2012 1 Jan 2011 --- 31 Dec 2011 1 Jan 2010 --- 31 Dec 2010 2 Jan 2009 --- 31 Dec 2009	1 Jan 2014 1 Jan 2013 --- 31 Dec 2013 1 Jan 2012 --- 31 Dec 2012 2 Jan 2011 --- 31 Dec 2011 1 Jan 2011 --- 31 Dec 2011	Not Applicable	11-Years-Old Overlap

S/N	Sport	Senior Division	Junior Division	Age Dispensation	Remark
21	Wushu	1 Jan 2012 1 Jan 2011 --- 31 Dec 2011 1 Jan 2010 --- 31 Dec 2010 2 Jan 2009 --- 31 Dec 2009	1 Jan 2014 1 Jan 2013 --- 31 Dec 2013 1 Jan 2012 --- 31 Dec 2012 2 Jan 2011 --- 31 Dec 2011 1 Jan 2011 --- 31 Dec 2011	1 Jan 2016 1 Jan 2015 --- 31 Dec 2015 1 Jan 2014 --- 31 Dec 2014 Applicable for Junior Div	11-Years-Old Overlap

AGE DISPENSATION FOR SPSSC

1. BACKGROUND

Age Dispensation refers to the approval for a student to participate in a sport recognised by the Singapore Primary Schools Sports Council (SPSSC).

This **only** applies to 7 and 8 years old who wish to participate in the 'Junior' Division competitions organised under the auspices of the SPSSC (except the 5 identified sports⁸ with higher risks). Poomsae event for Taekwondo is allowed.

2. APPLICATION PROCESS

Eligible students (listed in para 1) are to apply for age dispensation with their respective NSGOC using the application form in Annex D2. This form has to be submitted by their parents/guardians and endorsed by their school Principal.

The application form has to be submitted together with the school's registration for the competition.

Any application submitted after the closing date stipulated by the respective NSGOC will not be considered.

3. TERMS AND CONDITIONS

a. Age dispensation for 7 and 8 years old is only allowed for the following sports:

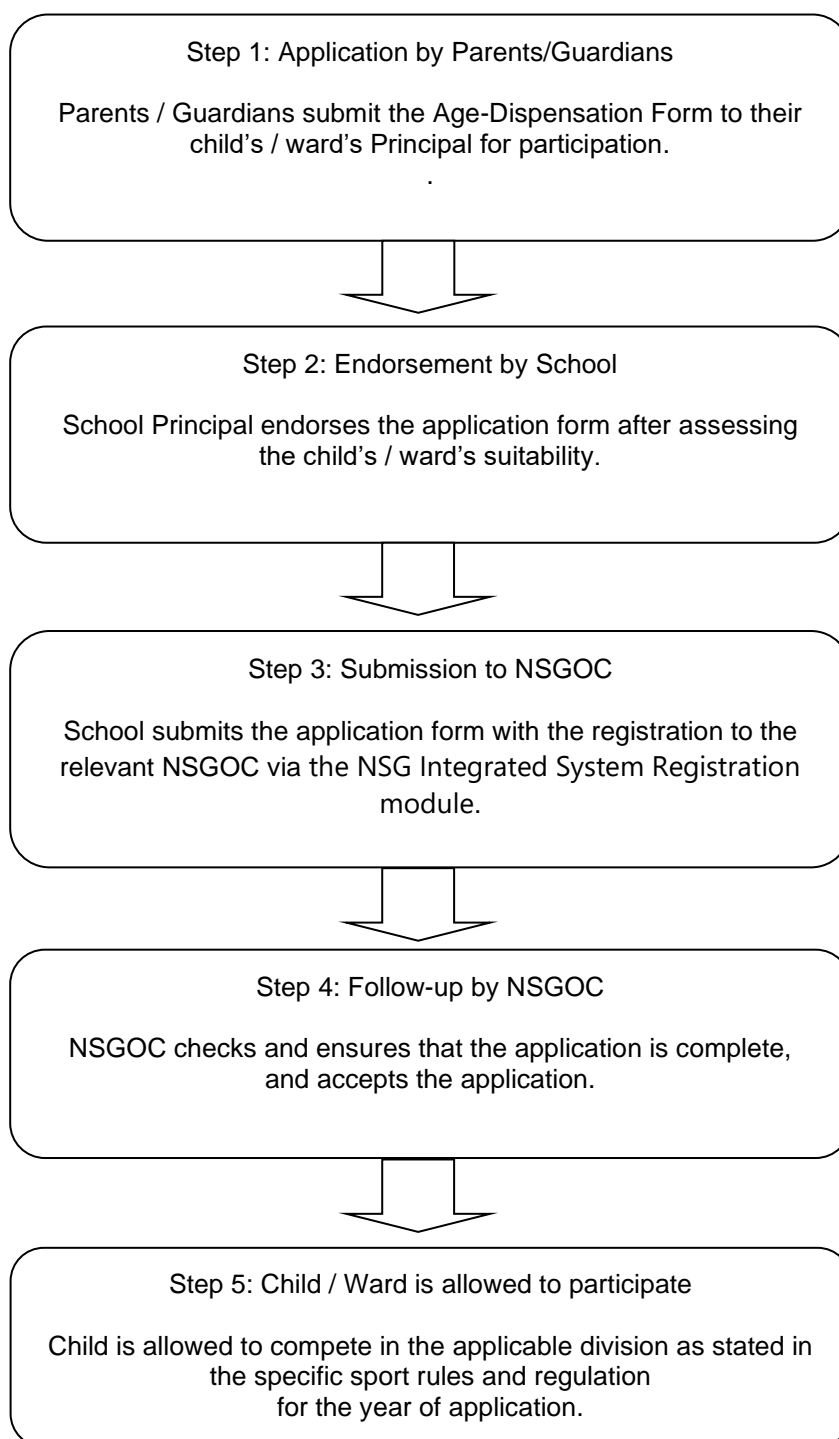
- | | |
|------------------|------------------------|
| a) Badminton | g) Swimming |
| b) Bowling | h) Table Tennis |
| c) Golf | i) Taekwondo (Poomsae) |
| d) Gymnastics | j) Tennis |
| e) Rope Skipping | k) Track and Field |
| f) Sailing | l) Wushu |

b. Age dispensation is only granted for the year of application.

c. Once approved, the student can only compete in the applicable division as stated in the specific sport rules and regulation, i.e. for both individual and team events for the approved year.

⁸ The 5 identified sports are Rugby, Football, Basketball, Hockey and Taekwondo (Kyurugi). Taekwondo (Poomsae) is a non-contact segment, hence it is not classified as a sport with higher risk.

**SPSSC FIVE STEP FLOWCHART FOR
AGE DISPENSATION**



**SINGAPORE PRIMARY SCHOOLS SPORTS COUNCIL
APPLICATION FOR AGE DISPENSATION**

Sport:			
Student's Particulars			
Name:		Gender:	
NRIC:		Date of Birth:	
Parent's / Guardian's Particulars			
Name:	* Father/Mother/Guardian		
Contact Number		Alt Contact Number:	
School's Particulars			
School:			
Principal:			
Teacher in charge:			
Contact Number		Alt Contact Number:	
Rationale Supporting the Request for Age Dispensation			

Acknowledgement by Parent/Guardian:

I, _____, parent/guardian of _____ would like to request for my child/ward to represent the school in the SPSSC competition for the above-mentioned sport in _____ (Year).

I have assessed his/her physical and mental readiness and deem him/her to be suitable and ready to compete in the above-stated category.

Parent's/Guardian's Signature and Date

Principal's Endorsement:

Principal's Signature and Date

Summary on Registration of Number of Entries for each sport in 2022

Sport	Senior Division (SD)	Junior Division (JD)	Remarks
Badminton	Max. no. to register: 12 participants Min. no. to register: 7 participants	Max no. to register: 9 Participants (3 singles and 3 doubles) Min. no. to register: 1 participant (1 singles)	
Basketball	Max. no. to register: 15 participants Min. no. to register: 10 participants	Max no. to register: 15 participants (3 sub-teams of 3 players + 2 reserves per team) Min. no. to register: 10 participants	
Bowling	Max no. to register: 12 participants (each participating school may send one team of 4, 8 or 12 bowlers) Min. no. to register: 1 participant (each school may send 1 or 2 or 3 bowlers if she cannot form a team of min 4 bowlers)	Max no. to register: 12 participants (each participating school may send one team of 4, 8 or 12 bowlers) Min. no. to register: 1 participant (each school may send 1 or 2 or 3 bowlers if she cannot form a team of min 4 bowlers)	
Floorball	Max. no. to register: 18 participants Min. no. to register: 8 participants	Max no. to register: 18 participants (2 sub-teams of 9 players) Min. no. to register: 8 participants (2 sub-teams of 4 players)	
Football	Max no. to register: 15 participants Min. no. to register: 8 participants	Max no. to register: 15 participants Min. no. to register: 8 participants	
Golf	Max. no. to register (Team Event): 1 team of 2 participants Min. no. to register (Team Event): Not applicable Max. no. to register (Individual Event): By Handicap (Max participation: 100 golfers) Min. no. to register (Individual Event): By Handicap (abide by Rule 5.2)		Qualification by Handicap.
Artistic Gymnastics	Division categories: <ul style="list-style-type: none"> <u>Boys (MAG) Senior Optional (SO) – opt/Stage 2</u> Individual/Team: Max. 8 participants; Min. 1 participant; Min. 3 participants for Senior Team (conditions apply) <u>Girls (WAG) Senior I & Senior II (SI & SII) – Levels 3-4 & Levels 5-6</u> 	Division categories: <ul style="list-style-type: none"> <u>Boys (MAG) Junior Under 9 (U9) – Level 1</u> Individual: Max. 8 participants; Min. 1 participant <u>Boys (MAG) Junior Novice (JN) – Level 2</u> Individual/Team: Max. 8 participants; Min. 1 participant; Min. 3 participants for JN Team (conditions apply) <u>Boys (MAG) Junior Optional (JO) – opt/Stage 1</u> Individual/Team: Max. 8 participants; Min. 1 participant; Min. 3 participants for JO Team (conditions apply) <u>Girls (WAG) Junior I & Junior II (JI & JII) – Level 3</u> 	A Senior Division Team shall comprise at least 2 participants who are born on 1 Jan 2011 and 2 Jan 2009 - 31 Dec 2010.

Sport	Senior Division (SD)	Junior Division (JD)	Remarks																																	
	<p>Individual/Team: Max. 8 participants; Min. 1 participant; Min. 4 participants for Senior Team (conditions apply)</p>	<p>Individual/Team: Max. 8 participants; Min. 1 participant; Min. 3 participants for JI Team (conditions apply); Min 3 participants for JII Team (conditions apply)</p> <ul style="list-style-type: none"> Girls (WAG) Junior III (JIII) – Level 4 Individual/Team: Max. 8 participants; Min. 1 participant; Min. 4 participants for JIII Team (conditions apply) 																																		
	<p>Students who are Top 3 medal winners of the previous year for WAG 'Level 3'* individual events must progress to higher level events (i.e. Level 4).</p> <p>All other medal winners of WAG Levels 3, 4, 5 and 6, and MAG Levels 1, 2 and Optional category events, may compete in the same level or higher level events and should not regress to lower levels.</p> <div style="display: flex; justify-content: space-around;"> <div data-bbox="456 643 891 1059" style="text-align: center;"> <p>WAG</p> <table border="0"> <tr> <td>Previous Year</td> <td></td> <td>Following Year</td> </tr> <tr> <td>L6</td> <td>→ All medallists →</td> <td>L6</td> </tr> <tr> <td>L5</td> <td>→ All medallists →</td> <td>L5</td> </tr> <tr> <td>L4</td> <td>→ All medallists →</td> <td>L4</td> </tr> <tr> <td>L3</td> <td>→ All medallists →</td> <td>L3</td> </tr> <tr> <td></td> <td>→ All except Top 3 medallists →</td> <td></td> </tr> </table> </div> <div data-bbox="981 643 1518 1059" style="text-align: center;"> <p>MAG</p> <table border="0"> <tr> <td>Previous Year</td> <td></td> <td>Following Year</td> </tr> <tr> <td>Opt/S2</td> <td>→ All medallists →</td> <td>Opt/S2</td> </tr> <tr> <td>Opt/S1</td> <td>→ All medallists →</td> <td>Opt/S1</td> </tr> <tr> <td>L2</td> <td>→ All medallists →</td> <td>L2</td> </tr> <tr> <td>L1</td> <td>→ All medallists →</td> <td>L1</td> </tr> </table> </div> </div> <p><i>*Level 3 in WAG is identified as fundamental-skill entry level events.</i></p>			Previous Year		Following Year	L6	→ All medallists →	L6	L5	→ All medallists →	L5	L4	→ All medallists →	L4	L3	→ All medallists →	L3		→ All except Top 3 medallists →		Previous Year		Following Year	Opt/S2	→ All medallists →	Opt/S2	Opt/S1	→ All medallists →	Opt/S1	L2	→ All medallists →	L2	L1	→ All medallists →	L1
Previous Year		Following Year																																		
L6	→ All medallists →	L6																																		
L5	→ All medallists →	L5																																		
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Opt/S1	→ All medallists →	Opt/S1																																		
L2	→ All medallists →	L2																																		
L1	→ All medallists →	L1																																		
Rhythmic Gymnastics	<p><u>Group Event</u> The group shall comprise a minimum of 5 and a maximum of 7 participants. In this case, any 5 to perform.</p> <p><u>Developmental Event Level 3</u> A minimum of 1 or a maximum of 5 participants (All to perform).</p> <p><u>Elite Event</u></p>	<p><u>Group Event Level 1 (Age Dispensation)</u> The group shall comprise a minimum of 5 and a maximum of 7 participants. In this case, any 5 to perform.</p> <p><u>Developmental Event Level 1 (Age Dispensation)</u> A minimum of 1 or a maximum of 2 participants.(All to perform)</p> <p><u>Group Event Level 2</u> The group shall comprise a minimum of 5 and a maximum of 7 participants. In this case, any 5 to perform.</p>	<p>The Senior Division Team shall comprise at least 2 participants who are born on 1 Jan 2010 and 2</p>																																	

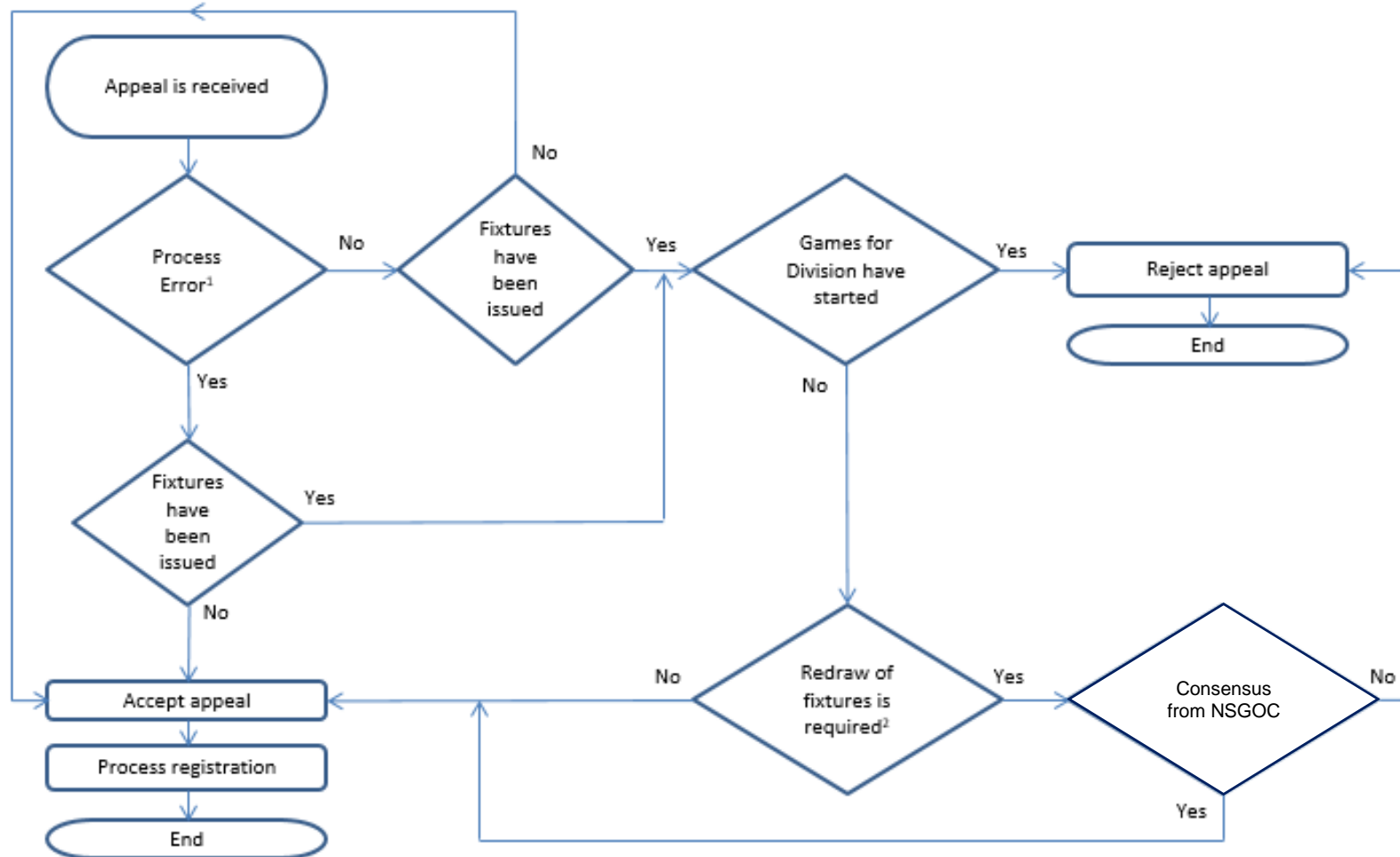
Sport	Senior Division (SD)	Junior Division (JD)		Remarks
	<p>A minimum of 1 or a maximum of 3 participants. (All to perform).</p> <p>RG *Level 2 individual top 4 medal winners of the previous year, must progress to higher level events, while medal winners in other Developmental and Elite categories may compete in the same level or higher level events, and only not be allowed to regress to lower level events.</p> <div style="text-align: center;"> <p>RG</p> </div> <p><i>Legend: ○ = may remain in level</i></p>	<p><u>Developmental Event Level 2</u> A minimum of 1 or a maximum of 5 participants (All to perform).</p> <p><u>Elite Event</u> A minimum of 1 or a maximum of 3 participants. (All to perform).</p>		<p>Jan 2008 - 31 Dec 2009.</p> <p>To implement change of the new Level 3 routines in 2022</p>
Hockey	<p>Max no. to register: 16 participants Min. no. to register: 7 participants</p>	<p><u>10 yr olds (Junior 1)</u> Max no. to register: 16 participants (2 sub-teams of 6 players) Min. no. to register: 8 participants (2 sub-teams of 4 players)</p>	<p><u>11 yr olds (Junior 2)</u> Max no. to register: 16 participants Min. no. to register: 8 participants</p>	
Netball	<p>Max. no. to register: 12 players Min. no. to register: 10 players</p>	<p>Max. no. to register: 12 players Min. no. to register: 10 players</p>		<p>To implement change of JD format in 2022/3</p>
Rope Skipping	<p><u>Individual</u> Speed: 3 participants Individual Freestyle: 1 participant Double Under: 3 participants</p> <p><u>Team</u> Double Dutch: 3 participants + 1 reserve Pair Freestyle: 2 participants + 1 reserve Team Freestyle: 4 participants + 1 reserve Speed Relay: 4 participants + 1 reserve</p> <p>Max. No of events per participant: 2 Individual events, 2 Team events</p>	<p><u>Individual</u> Speed: 3 participants Individual Freestyle: 1 participant Double Under: 3 participants</p> <p><u>Team</u> Double Dutch: 3 participants + 1 reserve Pair Freestyle: 2 participants + 1 reserve Team Freestyle: 4 participants + 1 reserve Speed Relay: 4 participants + 1 reserve</p> <p>Max. No of events per participant: 2 Individual events, 2 Team events</p>		<p>To implement change in both divisions in 2022</p>

Sport	Senior Division (SD)	Junior Division (JD)	Remarks
Rugby	Max no. to register: 15 participants Min. no. to register :10 participants	Max no. to register: 15 participants Min. no. to register :10 participants	
Sailing	Max no. to register: 12 participants Min. no. to register: 1 participant	Max no. to register: 24 participants (12 entries for Green Fleet, 12 entries for White Fleet) Min. no. to register: 1 participant	
Sepaktakraw	Max no. to register: 15 participants (team of 3 Regu with 3 players each and 6 reserves) Min. no. to register: 9 participants (team of 3 Regu with 3 players each)	Max no. to register: 2 Regu of 7 participants each Min. no. to register :1 Regu of 6 participants each	
Softball	Max no. to register: 15 participants Min. no. to register: 9 participants	Max no. to register: 18 participants Min. no. to register: 10 participants	
Swimming	<u>Individual</u> Each school shall be allowed a maximum of FOUR participants per event. Each participant must swim two different strokes in and shall be allowed to enter a maximum of Two (2) Individual Events (including non-championship events), a max of Two (2) hybrid events and any number of Relay event(s). <u>Relay Team</u> Each school shall be allowed only ONE Team per event.	<u>Individual</u> Each school shall be allowed a maximum of FOUR participants per event. Each participant must swim two different strokes and shall be allowed to enter a maximum of Two (2) Individual Events and any number of Relay event(s). <u>Relay Team</u> Each school shall be allowed only TWO Teams per event.	
Table Tennis	<u>Team</u> Max no. to register: 12 participants Min. no. to register: 8 participants (3 singles and 2 doubles)	Max no. to register: 4 singles, 4 doubles Min. no. to register:1 singles or 1 doubles	

Sport	Senior Division (SD)	Junior Division (JD)		Remarks
Taekwondo	<p><u>Poomsae</u> Each school is allowed to register maximum of three participants per individual colour category per gender, and one team of 3 per colour category per gender.</p> <p>A participant may participate in a maximum of two individual and two team events (his/her current grade up to Red 1).</p> <p><u>Kyorugi</u> Each school is allowed to register a maximum of 2 participants per weight category. They can only compete in their belt grade category (Red, Poom or Dan belt only)</p>	<p><u>Poomsae</u> Each school is allowed to register maximum of three participants per individual colour category per gender, and one team of 3 per colour category per gender.</p> <p>A participant may participate in a maximum of two individual and two team events (his/her current grade up to Red 1).</p> <p><u>Kyorugi</u> Each school is allowed to register a maximum of 2 participants per weight category. They can only compete in their belt grade category (Red, Poom or Dan belt only)</p>		
Tennis	<p><u>Team Yellow Ball</u> Max no. to register: 8 participants Min. no. to register: 6 participants</p>	<p><u>Individual Orange</u> Max no. to register: 3 participants</p>	<p><u>Individual Green</u> Max no. to register: 7 participants (3 singles & 2 doubles) + 1 reserve</p>	To implement change of SD format in 2023
Track & Field	<p><u>For Senior 1 and 2 Divisions</u> Each participant shall be allowed to enter a maximum of Two (2) Individual Events and any number of Relay event(s).</p> <p>Each school shall be allowed a maximum of TWO (2) participants per event.</p> <p>A school shall be eligible to enter only 1 Team each for the 4 x 100m and 4 x 300m. Any registered participant from the school can represent the school in the relays.</p>	<p><u>For the Junior 1</u> Each participant shall be allowed to enter 1 required and up to 2 optional events and/or the relay event.</p> <p>Each school shall be allowed a maximum of 18 boys and 18 girls for the individual event.</p> <p>A school shall be eligible to enter only 1 Team for the 8 x 50m Circular Relay OR the 4 x 50m half-round Relay. Any registered competitor from the school can represent the school in the relay.</p> <p><u>For Junior 2</u> Each participant competes in a <u>combined event</u> comprising:</p> <ul style="list-style-type: none"> • 1 x run event • 1 x jump event • 1 x throw event 		To implement change of JD format for Junior 1 and Junior 2 in 2022

Sport	Senior Division (SD)	Junior Division (JD)	Remarks
		<p>Each school shall be allowed a maximum of 18 boys and 18 girls for the combined event.</p> <p>A school shall be eligible to enter only 1 Team for the 8 x 50m Circular Relay OR the 4 x 50m half-round Relay. Any registered competitor from the school can represent the school in the relay.</p>	
Volleyball	<p>Max no. to register: 12 participants (including Libero) Min. no. to register: 8 participants (including Libero)</p>	<p>Max no. to register: 12 participants Min. no. to register: 8 participants</p>	
Wushu	<p>Each school is allowed to register up to a maximum number of 16 participants per division & gender.</p> <p>i) For Individual events: a maximum of 10 participants per division/gender (from the list of registered participants) ii) For Group events: 6 participants per division/gender (from the list of registered participants)</p> <p>A maximum of 2 participants per school are allowed for each individual event.</p> <p>Each participant is allowed to participate in a maximum of 3 different types of individual events (Quanshu, Short Weapon and Long Weapon).</p>	<p>Each school is allowed to register up to a maximum number of 16 participants per division & gender.</p> <p>i) For Individual events: a maximum of 10 participants per division/gender (from the list of registered participants) ii) For Group events: 6 participants per division/gender (from the list of registered participants)</p> <p>A maximum of 2 participants per school are allowed for each individual event.</p> <p>Each participant is allowed to participate in a maximum of 3 different types of individual events (Quanshu, Short Weapon and Long Weapon).</p>	

Management of Appeal for Late/Erroneous Registration Workflow



Note:

¹: Refers to errors such as technical glitches, miscommunication by Organiser, erroneous information by Organiser, etc.

²: Required if (i) appellant is a seeded team, (ii) there is change in format/number of groups

JUNIOR 2 DIVISION COMPETITION FORMAT

Number of Teams		Group		No of tiers	From each group of classification, teams will be grouped into the following tier			
3 to 7 teams		One-Group		1 tier				
Number of Teams	Group A		Group B		2 tiers	Tier 1	Tier 2	Tier 3
8 teams	4		4			Top 2	The rest	
9 teams	4		5					
10 teams	5		5					
11 teams	5		6					
Number of Teams	Group A	Group B	Group C					
12 teams	4	4	4			Top 2	The rest	
13 teams	4	4	5					
14 teams	4	5	5					
15 teams	5	5	5					
Number of Teams	Group A	Group B	Group C	Group D				
16 teams	4	4	4	4	2 tiers	Top 2	The rest	
17 teams	4	4	4	5		Top 2		
18 teams	4	4	5	5		Top 2		
19 teams	4	5	5	5		Top 2		
20 teams	5	5	5	5		Top 2		

Drawing of Lots for Groupings

Classification:

NSGOC will reserve the right to draw lots to decide on where each team is placed in the groups. Only the previous year's champions of each group within the tiers will be seeded.

Tier:

Refer to point 5.1 , 5.2 and the above table for instructions. For 2 groups within the same tier, the same reference for number of teams will apply as shown in table above.

The NSGOC will show the progression from round to round clearly once the number of teams have been confirmed.

Junior 2 Division

(Sample of groupings for a 16 team competition)

Classification Round			
Group A	Group B	Group C	Group D
A1	B1	C1	D1
A2	B2	C2	D2
A3	B3	C3	D3
A4	B4	C4	D4

Top 2 in each Group of the Classification Round will be awarded an achievement pin.



Tier Round (Final)			
Tier 1		Tier 2	
Tier 1A	Tier 1B	Tier 2A	Tier 2B
1st Group W	1st Group X	1st Group Y	1st Group Z
2nd Group X	2nd Group W	2nd Group Z	2nd Group Y
3rd Group W	3rd Group X	3rd Group Y	3rd Group Z
4th Group X	4th Group W	4th Group Z	4th Group Y

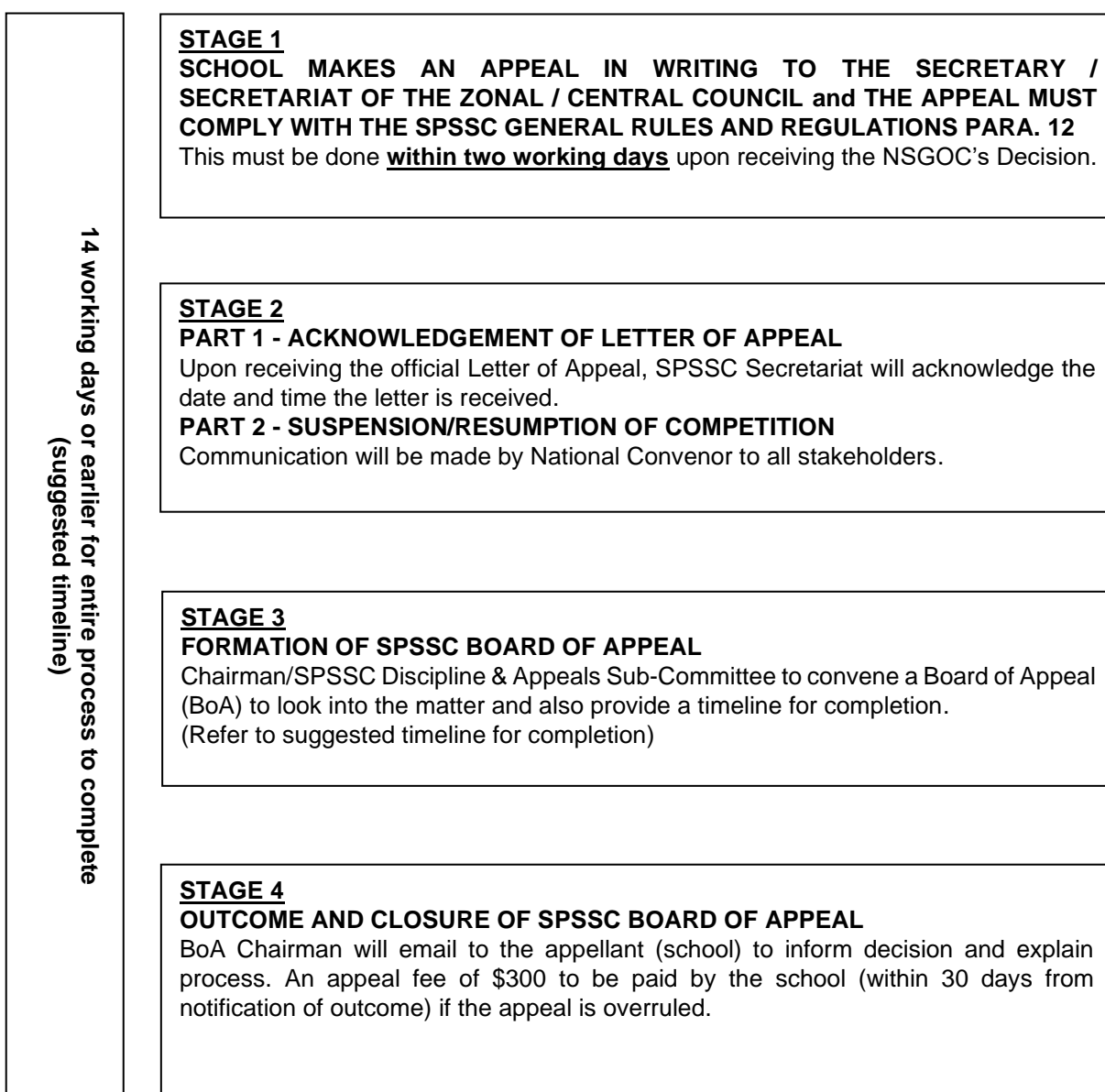
Top 2 in each sub-division of the Final Round will be awarded a medal.

(Sample of groupings for a 7 team competition)

Single Group Round Robin League
Preliminary Stage
Z1
Z2
Z3
Z4
Z5
Z6
Z7



Final Stage
Winner SF1 v Winner SF2
Runner-Up SF1 v Runner-Up SF2

SPSSC WORKFLOW FOR APPEALS

As in accordance with the SPSSC General Rules and Regulations under rule 13.4, the decision of the Board of Appeal or the Standing Committee shall be final.

SINGAPORE PRIMARY SCHOOLS SPORTS COUNCIL

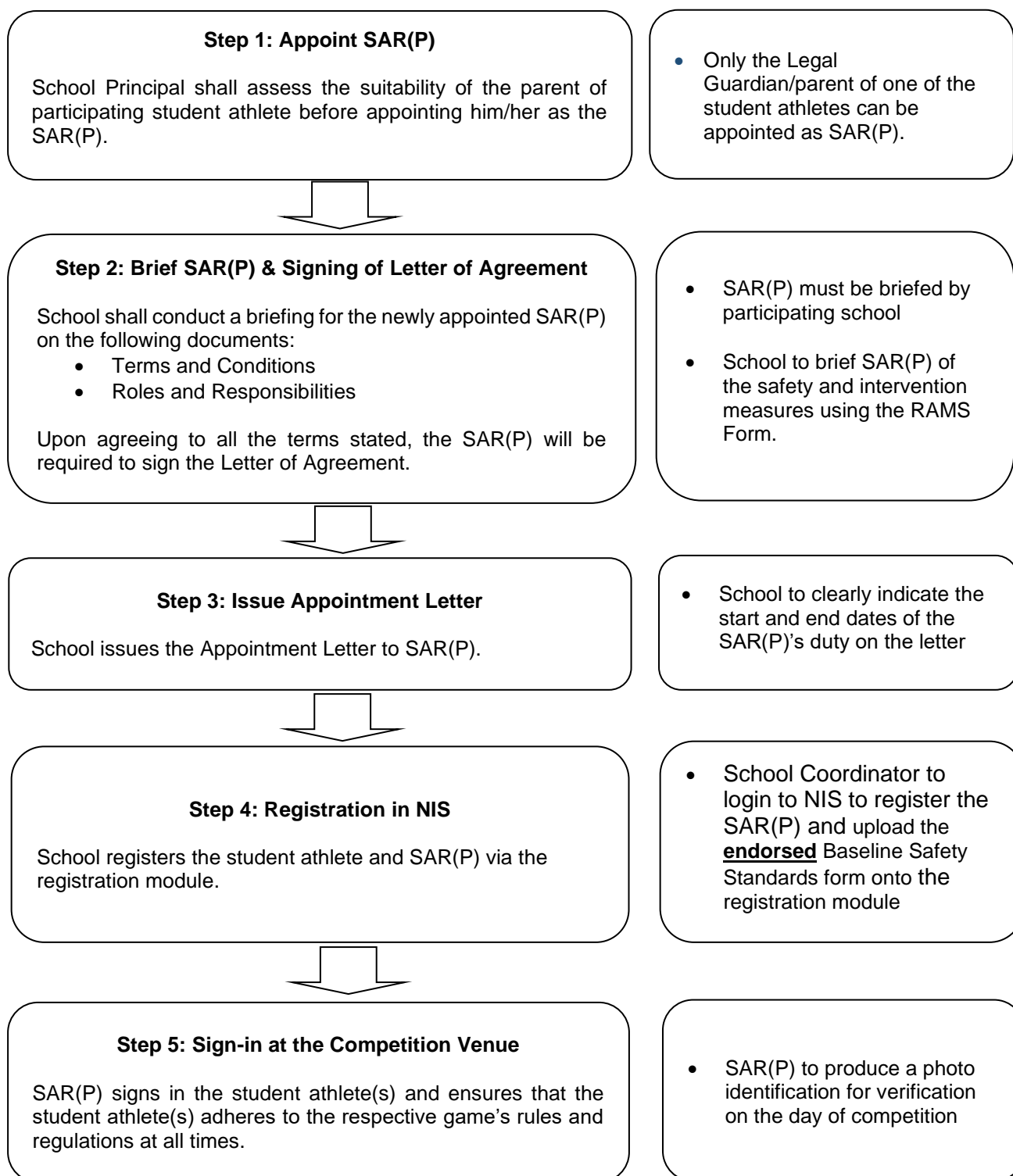
Role of the Team Manager

The team manager (TM) will represent the school on all matters pertaining to the duty of care, student management and competition matters relating to the participants from his / her school. He/she must be a good role model for the participants and are expected to conduct themselves well in carrying out their duties. He/she will do the following:

	Terms of Reference
1	Point of contact between the National School Games Organising Committee (NSGOC) and the Principal (school).
2	Attend all briefings and/or meetings called for by the respective NSGOCs.
3	Check & verify the fixtures and schedules involving the school.
4	Ensure the accuracy of participants' particulars in the registration and that students are not placed in the wrong division.
5	Make transport arrangements for the participant(s).
6	To chaperone participant(s) to and from the competition venue and remain with the participant(s) throughout the duration of play.
7	Cooperate with NSGOC & officials and abide by the rules and regulations of the competition.
8	Submit team list & other necessary documents when required to.
9	Manage the coach, participant(s) and supporter(s), if any, to ensure that they adhere to the Code of Conduct as provided in SPSSC Rules & Regulations.
10	Arrange for a replacement, in the event that he/she is not able to perform his/her duty, including when it is halfway through the competition
11	Duty of care for the participant(s) safety and well-being and to ensure that the participant(s) is/are medically covered e.g. first aid kit.
12	Contact the school immediately in the event of an injury or emergency.
13	Do not speak to the media unless with permission from the school
14	Represent the school in matters pertaining to formal appeals/protests (as required by the sport)
15	Accompany participant(s) at disciplinary board meetings if the occasion arises.
16	Any other matters pertaining to the duty of care, student management and competition matters relating to the participants from his / her school.

Flow Chart for appointing School Adult Representative (Parent) [SAR(P)]

To take note of:



Code of Conduct for Coaches

- 1) Coaches must be good role models for the student athletes and are expected to conduct themselves well in carrying out their duties.
- 2) They are to observe the rules and regulations of the National School Games and honour the Coaches' Oath.
- 3) They should not replace the role of the team manager.
- 4) They are to prepare the training schedule for the team, in consultation with the Principal and the teacher in-charge (i.e. 30-week programme)
- 5) They are not allowed into the competition area except where the rule of the sport requires the presence of the coach e.g. Softball and Gymnastics.
- 6) They cannot represent the school in any matters.
- 7) They must not interfere with the organisation of the competition.
- 8) They are not allowed to approach the officials to query their decisions. Only team managers are allowed to approach officials to seek clarifications.
- 9) Coaches violating the rules will be asked to leave the competition arena.
- 10) Action will be taken against the school if the coaches fail to comply with the competition rules.
- 11) It is the responsibility of coaches to adhere to the rules and to be well versed with the competition rules.
- 12) They must ensure that the student athletes have adequate rest and are given water breaks.
- 13) Coaches should refrain from using foul language or speak in a tone not becoming of proper behaviour.

Size of Goalpost Used for Competition



Dimensions: Length 3m by Height 0.5m