



Singapore Primary School Sports Council

58th National Primary Schools Swimming Championships 2017

Rules & Regulations

1 The Championships shall be held according to the latest Rules of the FINA Handbook (**2009 – 2013 New Version**) and the rules as adopted by the Singapore Primary Schools Sports Council. One start rule applies. These rules are to be read in conjunction with the Council's general rules and regulations for all sports / games.

2 AGE GROUP FOR 2017

Senior Division	Junior Division	*Age Dispensation
<u>Div A</u> 1 Jan 2005 2 Jan 2004 --- 31 Jan 2004	<u>Div C</u> 1 Jan 2007 2 Jan 2006 --- 31 Dec 2006	1 Jan 2011 1 Jan 2010 --- 31 Dec 2010 2 Jan 2009 --- 31 Dec 2009 Applicable for D Div
<u>Div B</u> 1 Jan 2006 2 Jan 2005 --- 31 Dec 2005	<u>Div D</u> 1 Jan 2009 1 Jan 2008 --- 31 Dec 2008 2 Jan 2007 --- 31 Dec 2007	

Note: Each competitor must compete in his / her own division only.

3 EVENTS & QUALIFYING TIMES (Valid from 2015 to 2017)

Boys					
No	Event	A Div	B Div	C Div	D Div
1	50m Freestyle	00:42.31	00:42.31	00:45.77	00:46.62
2	50m Breaststroke	00:53.93	00:53.93	00:58.86	01:00.50
3	50m Backstroke	X	00:50.48	00:54.34	00:55.98
4	50m Butterfly	X	00:49.12	00:50.20	00:50.55
5	100m Freestyle	X	01:33.57	01:40.40	01:45.70
6	100m Breaststroke	X	01:56.73	02:07.73	02:08.70
7	100m Backstroke	X	01:52.52	01:57.73	01:59.21
8	100m Butterfly	X	01:49.08	02:00.49	01:57.21
9	200m Freestyle (new)	X	03:15.33	X	X
10	200m Individual Medley	X	03:54.83	03:58.42	04:06.08
11	4x50m Freestyle Relay	X	03:50.42	03:57.52	03:54.37
12	4x50m Medley Relay	X	03:33.56	03:43.60	03:39.70
13	50m Fly/50m Back	X		Demo Events	
14	50m Breast/50m Free				
15	50m Fly/50m Breast				
16	50m Fly/50m Free				
17	50m Back/50m Breast				
18	50m Back/50m Free				

Girls					
No.	Event	A Div	B Div	C Div	D Div
1	50m Freestyle	00:45.04	00:45.04	00:46.31	00:49.33
2	50m Breaststroke	00:56.43	00:56.43	00:59.13	01:03.08
3	50m Backstroke	X	00:53.71	00:56.30	00:58.41
4	50m Butterfly	X	00:49.27	00:52.47	00:54.40
5	100m Freestyle	X	01:37.86	01:43.19	01:52.70
6	100m Breaststroke	X	02:03.49	02:08.38	02:16.02

7	100m Backstroke	X	01:57.38	01:58.49	02:11.04
8	100m Butterfly	X	01:53.26	02:02.85	02:06.65
9	200m Freestyle (new)	x	03:28.64	x	x
10	200m Individual Medley	X	04:20.46	04:04.01	04:19.73
11	4x50m Freestyle Relay	X	03:22.13	03:34.25	03:29.03
12	4x50m Medley Relay	X	03:46.85	03:54.27	04:06.17
13	50m Fly/50m Back	x	Demo Events		
14	50m Breast/50m Free				
15	50m Fly/50m Breast				
16	50m Fly/50m Free				
17	50m Back/50m Breast				
18	50m Back/50m Free				

The six 100m combination events for all divisions and both genders will remain as demonstration events.

- a. No points will be awarded however medals will be given out to top 4 finishers.
- b. There will be no limit on number of demo events to sign-up for by participants. It will be over and above the 2 individual and 2 relay events each swimmer is allowed to participate in.
- c. The events will follow individual medley turn rules and are timed finals.

4 QUALIFYING RECORDS

Entries submitted by a school may be based on times achieved at:

- SSA Meets
- Schools' Meets
- Organised Times Trials
- SSA Affiliated Club Meets
- Organised Meets

Times submitted must be based on the current year.

5 PARTICIPATION OF EVENTS

- a. In the Individual Events for 2017, each school may submit **MAXIMUM OF FOUR entries per event**. These entries must meet the stipulated qualifying times.
- b. Each competitor may participate in only **TWO INDIVIDUAL EVENTS (excluding Demo Events)** and any number of Relay Events in his / her Division.
- c. In the Relay events, each school may submit only **ONE TEAM PER EVENT**.
- d. In Relay Events, all swimmers entered in the Championships can be used in relays within their respective divisions.
- e. The composition of the relay team may be changed between heats and finals of an event. The team must swim in the order listed in the submission.
- f. Any events with fewer than 3 entries will not be swum off and the participants will be informed of the cancellation. If a particular event has only 10 swimmers or fewer, there will be NO Heats and the swimmers will proceed to the finals.

6 FINAL

- a. The fastest ten timed swimmers will qualify for the Final.
- b. In the event of a tie for one or more positions in the qualifying rounds, the referee will decide to swim off to resolve such a tie.

7 CHAMPIONSHIP POINTS

Points will be awarded to individual / team events as follows:

1st	2nd	3rd	4th	5th	6th	7th	8th	9th	10th
9	7	6	5	4	3	2	1	0	0

Should there be a tie in points accumulated amongst any teams finishing in the overall top 4 position, a medal count will be taken to decide the position. This will begin with a medal count for the tied teams concerned, starting with the team with the most number of Gold medals, followed by Silver medals, and Bronze medals. The team with a better medal tally will finish in the higher position. This will be carried out for the top four positions for each division to ensure that there is no tie position for any of the top four positions. If there are still no winners after taking the number of bronze medals into consideration, a winner will be decided by counting the number of records broken.

8 ON-LINE REGISTRATION (<http://spssc.ereg.sg/>)

- a. Only On-Line registration will be accepted via the e-Registration Portal (<https://spssc.ereg.sg/>). Your school's PE KP will need to create the Teacher-In-Charge user for Swimming. The user will receive via email the user ID and password for access. After registration, click 'Download' to retain a copy of the registration summary.
- b. Registration must be accompanied by PDF copies of Age Dispensation forms (if applicable). This form must be uploaded upon registration.
- c. Registration closes at 2359hrs on the last day of registration, 31 March 2017.
- d. Incorrect and incomplete entries may lead to disqualification of participants. Entries will not be accepted after the closing date.
- e. No changes in event will be allowed once the on-line registration is closed.
- f. The confirmed registration is deemed to be cleared by Principals once the registration form is submitted on-line.

9 RESULTS OF THE MEET

- a. All results shall be posted on the wall next to the Information Booth and outside the Call Room. Results are also posted on the following website: www.spssc.sg.
- b. RE-SWIMS: All competitors are advised to remain behind until the heats of their particular events are completed in case of re-swims.

10 MATTERS NOT PROVIDED FOR

All matters not provided for in these Rules & Regulations shall be dealt with by the Organising Committee.

11 AMENDMENTS

The Singapore Primary Schools Sports Council reserves the right to delete, add or amend the rules and regulations laid down herein.

12 SAFETY CONSIDERATIONS

- a. Notice will be sent to the Principals of the schools involved in the event that a non-swimmer or a beginner has been entered and observed to be struggling to stay afloat.
- b. Schools are to remind their pupils to look after their personal belongings at the competition venue. The Swimming Organising Committee will not be responsible for any loss.
- c. All teachers-in-charge are to ensure the cleanliness of the complex before vacating the area they had occupied.
- d. All teachers-in-charge are to be present at all times when their pupils are competing. They should supervise their athletes and supporters and ensure their safety at the complex and maintain discipline throughout the competition.
- e. **In case of inclement weather, all teachers-in-charge are to refer to the 58th National Primary Schools Swimming Championships 2017 RAMS document.**

Notice to Competitors

- 1 The Championships shall be held under the latest rules of the FINA Handbook and the Singapore Schools Sports Council, unless otherwise stated.

For the Relay Events, attention is drawn to the following rules:

Entries

- a. For each Relay event, each school may enter only 1 (one) team per event.
- b. The composition of the relay team may be changed between heats and final of an event.

Competition Procedures

The names of the swimmers of the relay team and their order of competing must be submitted to the **Call Room at least one (1) hour** before the start of each session. The team must swim in the same order as listed in the submission.

- 2 All competitors are to be ready **at least half an hour** before their scheduled events. They are to report to the Clerks-of-Course **IMMEDIATELY** when called upon to do so by means of display boards or announcement. Latecomers will not be permitted to swim the event when the competitors for the event have been dispatched to the starting point.
- 3 Withdrawals will only be allowed for valid reasons, and only if it is accompanied by endorsement from the Teacher in-charge. This should be followed by a written explanation duly endorsed by the Principal to the National Convenor and Game Advisor within two working days. In the event where the competitor has a Medical Certificate, endorsement by the Principal is not required. Any competitor who withdraws without a valid reason will not be allowed to participate in subsequent events including relay races.
- 4 All swimmers, when not competing, are to remain in the competitor's area. They are not to go near the edge of the pool.
- 5 According to FINA Rule 10.16 "No pace making shall be permitted, nor may any device be used or plan adopted which has that effect."
- 6 The Official's Control Room is **OUT OF BOUNDS** to all unauthorized persons.
- 7 Prize-winners are to report to the prize-stewards **IMMEDIATELY** upon being called. Prizes will be awarded for the first four positions of each event. Plaques will be presented to the top four champion schools for each division on the final day.
- 8 Any clarification on points of laws/rules must be lodged immediately by the teacher-in-charge to the referee/umpire/judge. The decision taken by the referee/umpire/judge will be final.

Teacher-in-charge must seek approval from his/her principal before putting up a protest. All protests shall be referred verbally to the Championship Organising Committee by the Teacher-in-charge immediately after the race. The protest form must be submitted through the Teacher-in-charge within 30 minutes following the conclusion of the respective event. However, if conditions that might give rise to a potential protest exist before the event, protest must be lodged before signal to start is given.

Protests must be submitted in accordance with the following:

- a. In writing with supporting facts (using official protest form)
- b. If the protest is upheld, the protest fee will not be required. If it is over-ruled, the protest fee of

\$150 will be deducted from the protesting school's account, via IFAAS.

- c. If the protest is rejected, the deposit shall be forfeited to the SPSSC. If the protest is upheld, the deposit shall be returned
- d. The Protest Committee to be formed in accordance with SPSSC Rules Section 12. The SSA representative will be the Competition Manager/ Referee.

e. No personal photographs or video recordings are admissible.

9 Warming-up in the Competition Pool may commence 1½ hours before the start of the session and end 15 minutes before the start of the session.

10 The Championships will be conducted in accordance to FINA's By Laws on Swimwear:

BL 8.2: In swimming competitions, the competitor must wear only one swimsuit in one or two pieces. No additional items, like armbands or leg bands shall be regarded as part of a swimsuit.

BL 8.3: From January 1, 2010 swimwear for men shall not extend above the navel nor below the knee, and for women, shall not cover the neck, extend past the shoulder, nor extend below the knee. All swimsuits shall be made from textile materials.

Photographs illustrating BL 8.3



Male

Female