

## SINGAPORE SCHOOLS SPORTS COUNCIL

### RULES AND REGULATIONS FOR (11-A-SIDE) HOCKEY 2017

1. All matches shall be played according to the Rules of the Game of Hockey issued under the authority of the FIH International Rules Board, Singapore Hockey Federation as well as the Rules and Regulations of the Singapore Schools' Sports Council. All matters not provided for will be dealt with by the Competition Organising Committee.

#### 2. **CHAMPIONSHIP ORGANISING COMMITTEE**

2.1 The Championship Organizing Committee shall consist of the following:-

The National Convenor,  
The Game Adviser,  
The Zone Convenors  
Organizing Secretaries and  
Any other co-opted members deemed necessary.

2.2 The Championship Organizing Committee and the Zone Convenors are empowered to appoint sub-committees and individual members to assist in the organization and running of the championship as and when required.

#### 2.3 **DUTIES**

The Championship Organizing Committee shall have the following roles and responsibilities:-

- 2.3.1 to draw fixtures
- 2.3.2 to fix venues, dates and times
- 2.3.3 to arrange for equipment and facilities, and perform any other tasks for conducting the championships
- 2.3.4 to conduct RAMS for the championships (for the identified 6 sports/games viz basketball, judo, football, rugby, taekwondo and hockey, RAMS must be conducted twice a year)
- 2.3.5 to ensure that venue managers conduct RAMS for the respective championships venues
- 2.3.6 to appoint judges/referees/umpires/linesman
- 2.3.7 to organize training/upgrading officiating courses for judges/referees/umpires/linesman
- 2.3.8 to incur expenditure within the allocated budget approved by the SSSC
- 2.3.9 to select players to represent SSSC in approved local and overseas championships; and also to appoint coaches to take charge of the teams
- 2.3.10 to nominate players for SSSC's Colours Award
- 2.3.11 to deal with matters pertaining to discipline, protest and other aspects of the championship; and
- 2.3.12 to source for coaching and officiating courses to upgrade the technical knowledge and expertise of teachers
- 2.3.13 to implement the Baseline Safety Standards in the organization of the National School Games.

### 3 **DIVISION**

3.1 All students shall compete in their respective divisions according to their year of birth as follows:

A Division*	-	2 Jan 1997 - 31 Dec 1997
		1 Jan 1998 - 31 Dec 1998
		1 Jan 1999 - 31 Dec 1999
		1 Jan 2000 - 31 Dec 2000
		1 Jan 2001

B Division*	-	2 Jan 2000 --- 31 Dec 2000 1 Jan 2001 --- 31 Dec 2001 1 Jan 2002 - 31 Dec 2002 1 Jan 2003
C Division*	-	2 Jan 2003 - 31 Dec 2003 1 Jan 2004 - 31 Dec 2004 1 Jan 2005

**Except for the following conditions:**

- 3.1.1 All students in the Junior Colleges and Centralized Institute must compete in the 'A' Division.
- 3.1.2 Year 1 to Year 4 students in the Integrated Programme (i.e. Through-Train Programme) and International Baccalaureate Programme will compete in their respective age group. Those in Year 5 (equivalent to JC 1) and Year 6 (equivalent to JC 2) must compete in the 'A' Division.
- 3.1.3 All students in Secondary Schools must compete in the 'B' or 'C' Division according to their year of birth.
- 3.1.4 All students in Secondary Schools not born in the stipulated year for 'B' or 'C' Division must compete in the 'A' Division.
- 3.1.5 All students in the 'C' Division will not be able to opt to represent the school in the 'B' Division, in all individual and team sports/games.

**4. ENTRIES**

- 4.1 Each school is eligible to enter one boys' and one girls' team for the following divisions:
  - i) A Division
  - ii) B Division
  - iii) C Division
- 4.2 All entries must be received by the Convenors concerned on or before the stipulated closing date.
- 4.3 The registration forms of players must be received by the Convenor concerned on or before the stipulated closing date which must be at least three(3) working days before commencement of the competition. **Team registration must be submitted online.**
- 4.4 All entries must be submitted through the SSSC e-Registration portal on or before the stipulated closing date. This includes details of players along with the necessary supporting documents.
  - a) Baseline Safety Acknowledgement Form
  - b) Supporting documents for Special/Transfer case students
  - c) Other forms as determined by the respective Games Organising Committee

**5. COMPETITION FORMAT**

- 5.1 For Team Games, there must be a minimum of three (3) registered teams from three (3) different schools before a team competition can be organized.
- 5.2 The competitions at the preliminary rounds shall be run on an inter-school league. Where entries are grouped, each group shall have a minimum of four(4) teams.

5.3 For the semi-finals, the champion and runner-up of each group shall enter into a criss-cross competition. The winner of group I will meet the runner-up of group II and vice-versa. The winners of the two semi-finals shall then play at the final to decide the champion and runner-up. The losers of the two semi-finals will play for 3rd and 4th positions.

#### 5.4 DURATION OF GAME

5.4.1 All Divisions ( Boys / Girls ) : Two equal periods of 30 minutes each, separated by an interval which shall not exceed 10 minutes but shall not be less than 5 minutes.  
(A one-minute water break may be allowed in between each half(after 15minutes of play, at the discretion of the umpire).

5.4.2 For semi-finals and finals, all games that end with a tie, shall go into 5 minutes extra time each half and the “Golden Goal” rule shall apply. If there is still a tie, the game shall be decided by a penalty shootout(refer to R & R 5.8)

5.4.3 **In the event of inclement weather(including haze) or other reasons acceptable by the Organising Committee, if 75% or more of the game duration/match is played, (this amounts to at least 45 minutes out of 60 minutes) the result of the match will stand as the final result. This would apply to the preliminary round and second round games and not the knockout segment(ie semis, 3rd & 4th and Finals)**

#### 5.5 SUBSTITUTION OF PLAYERS

5.5.1 ROLLING SUBSTITUTES: All players including the goalkeeper may be substituted at any time except during penalty corners.

#### 5.6 MATCH OFFICIALS

5.6.1 SHF registered umpires will be engaged to conduct all matches. Participating schools will have to get the acknowledgement form signed by the umpires after every match played. The Home Team teacher i/c will get the form duly signed for submission.

5.6.2 Temporary/permanent suspension of players in the course of a game is at the discretion of the umpires.

5.6.3 The Convenor /pitch manager in consultation with the umpires shall decide if the pitch is fit for play.

5.6.4 The teacher in-charge of the first named school(Pitch Manager) playing the last match of the day shall collect the results/report (including matches played earlier) from the umpires after the completion of the match. Results/reports are to be forwarded to the National Convenor by the following day.

#### 5.7 RANKING IN THE COMPETITION

5.7.1 All teams will play against each other and the following points will be awarded for each match:

- Three points to the winner
- One point to each team in the event of a draw
- No points to the loser

5.7.2 Teams will be ranked accordingly : .

- a) At the end of the competition, or any part of the competition played in a league format, teams will be ranked according to their respective number of points accumulated.
- b) In the event of two or more teams having the identical number of points, then these teams will be ranked by reference to their relative superiority in goal difference between goals scored and goals conceded.
- c) If there remains equality among two or more teams, then these teams will be ranked by reference to their relative superiority in the number of goals scored.
- d) Should there still remain equality among two or more teams, then these results(s) of the match(es) played between (only) those teams involved will be taken into consideration to determine the ranking of the tied teams. If two or more teams are involved, then a ranking based upon the results of the matches among (only) them shall determine their respective position (see R&R 5.6.1)
- e) Should there still remain equality among two teams, then the matter will be settled by a penalty shootout competition between those teams (see R&R 5.7).
- f) Should there still remain equality among two (or more) teams (after the penalty shootout competition against each other), the ranking shall be determined by applying R&R 5.6.2 (a), (b) and (c).
- g) If by the application of the said R&R 5.6.2 (a), (b) and (c), two (or more) teams remain equally ranked, the procedure set out in R&R 5.6.2 (d), (e) and (f) shall be repeated until a ranking is achieved.

## 5.8 PENALTY SHOOTOUT COMPETITION

- 5.8.1 Five players and (*if the said five players do not include a goalkeeper*) one goalkeeper from each of the two teams, chosen by their respective teachers-in-charge **from the players registered in the team sheet** shall participate in a penalty shootout competition. The five identified players shall take the penalties against the goalkeeper of the opposing team in alternate sequence. The names of the said five players and (*if the five players do not include a goalkeeper*) and one goalkeeper shall be communicated by the teacher-in-charge to the umpires of the match prior to the commencement of the penalty shootout competition. The five players must take the penalty shootout in the sequence in which their names are communicated to the umpires. The goalkeeper playing in the penalty shootout competition shall not be replaced in the course of the said penalty shootout competition unless he/she is, to the satisfaction of the match umpires, incapacitated and unable to perform the role of a goalkeeper.
- 5.8.2 If during a penalty shootout competition a penalty taker is suspended, then that person shall take no further part in the said penalty shootout competition. If during a penalty shootout competition a goalkeeper is suspended, that goalkeeper may be substituted, but by another penalty taker only. The person replacing the said goalkeeper may, unless he/she has already taken the penalty, continue to take a penalty.
- 5.8.3 The match umpires shall choose the goalpost to be used for the penalty shootout competition and they shall toss a coin in the presence of the captains of the teams to decide which team shall take the first penalty. The team having the highest number of goals shall be the winner, and the penalty competition shall cease once a winner is established.
- 5.8.4 In the event both teams score equal number of goals, another series of penalties shall be taken with the same players who were nominated to take the penalties in the penalty shootout competition referred to in R&R 5.7 (a) (*“the First Competition”*). Such player(s) may be

replaced only if the match umpires are satisfied that the said player(s) is/are incapacitated and is/are unable to participate any further in this series of penalty shootout. This series shall be played on a “sudden death” basis, i.e. the winner shall be the first team to score more goals after an equal number of penalties (*no minimum*) have been taken by each team. The teacher-in-charge shall be entitled to alter the sequence of his penalty takers from the sequence adopted for the First Competition.

- 5.8.5 The team that took the first penalty in the First Shootout Competition shall not take the first penalty of the “sudden death” series referred to in R&R 5.7 (d).
- 5.8.6 Subject to R&R 5.7 (g) below, only the teacher-in-charge, goalkeeper and nominated penalty takers may enter the pitch during a penalty shoot-out competition.
- 5.8.7 Only the penalty taker, goalkeeper (defending the penalty) and match umpires shall be entitled to remain within the twenty-five yard area of the goalpost where the shoot-out is being taken.
- 5.8.8 No one who has been shown a red card during a match shall be eligible to participate in a penalty shoot-out competition held at the conclusion of the said match.

#### **5.8.9 Taking a Penalty Shootout**

- i. the defending goalkeeper / defending player starts on or behind the goal-line between the goal posts;
- ii. the ball is placed on the nearest 23m line opposite the center of the goal;
- iii. an attacker stands outside the 23m line near the ball;
- v. the umpire blows the whistle to signal the start of the shoot-out ; the attacker and the goalkeeper / defending player may then move in any direction;
- vi. the shootout is **completed** when:
  - a. 8 seconds has elapsed since the starting signal
  - b. a goal is scored;
  - c. the attacker commits an offence;
  - d. the goalkeeper / defending player commits an unintentional offence inside or outside the circle in which case the shoot-out is re-taken by the same player against the same goalkeeper / defending player;
  - e. the goalkeeper / defending player commits an intentional offence inside or outside the circle in which case a penalty **stroke** is awarded and taken
  - f. the ball goes out of play over the back-line or side-line; this includes the goalkeeper / defending player intentionally playing the ball over the back line
- vii. If the penalty **stroke** is awarded as specified above, it is taken by the two players involved in the shoot-out concerned unless either of them is incapacitated or suspended,

#### **6. MINIMUM NUMBER OF PLAYERS**

- 6.1 The minimum number of players required before a match can start is NINE (9). If a team fails to field the required number within fifteen (15) minutes of the scheduled starting time, the Umpires will call off the match and report the matter to the Pitch Manager/National Convenor.

#### **7. ATTIRE / EQUIPMENT**

- 7.1 In the event of a clash of jersey colours, the FIRST NAMED TEAM shall have to change. No team is allowed to play without the proper attire. It is advisable for teams to bring a set of bibs with numbers in case they are required to change. All jerseys must be clearly numbered and **failure to adhere to this**

**rule will result in the team conceding a walkover.** The attire should bear the school logo/badge or name.

- 7.2 It is compulsory for all female players to wear skirts.
- 7.3 Use of shin-guards or shin-pads is compulsory. **Use of facemasks for all defenders during penalty corners is compulsory. Only defenders using facemasks will be allowed to defend the goal at the start of the penalty corner.**  
**Players are permitted to wear a soft face and head protection throughout a match for medical reasons subject to an appropriate medical certificate being submitted and approved by the National Convenor/Adviser before the match/tournament.**
- 7.4 Players who have been registered using a certain number must use the same number throughout the competition. Serious action will be taken against the player who is found to be playing under a different jersey number. The player or his team may be disqualified.
- 7.5 Footwear is compulsory for all players. Boots with metal studs are not permitted.
- 7.6 The Home team must provide two regulation balls for each game.
- 7.7 **The Captain must, at all times wear a distinctive armband. Each team must have a captain, on the field of play or on the team bench during the match. The captain is responsible for the behavior of his team players on the field of play.**
- 7.8 **Goalkeepers must be completely protected, and must wear a helmet, chest guard, leg guard and kickers. In interest of safety, no kicking back will be allowed.**

## 8 SENT OFF ( RED CARD )

- 8.1 A player who is sent-off (receiving a Red Card) for misconduct will not be allowed to continue the game. Any player so sent-off may not be substituted. Umpires are to report such cases of misconduct to the Pitch Manager & National Convenor.
- 8.2 A player who receives a Red Card cannot play in any more games until the Hockey Sub-Committee has met and decide on the action to be taken. A minimum suspension of TWO (2) matches will be imposed. He is to appear before the Sub-Committee with the teacher-in-charge if required.
- 8.3 As an added point to rule 8.1, a player receiving the following :
- a) three (3) green cards ; or
  - b) two (2) yellow cards; or
  - c) two (2) green cards and 1 yellow card;

**will automatically be suspended from playing in the next match.**

- ❖ **For ref. : A player receiving a Green card will be sent off for 2 minutes and a player receiving a yellow card will be sent off for a minimum of 5 minutes.**

## 9. REGISTRATION OF PLAYERS

- 9.1 Each school shall register upto a MAXIMUM OF TWENTY (20) players for ALL DIVISIONS.
- 9.2 Registration of players shall be made accordingly **online and on** the proper Forms provided. Registration Forms are to be completed in BLOCK LETTERS and signed by the Principal. The forms must bear the school stamp.
- 9.3 The same form (photocopied) shall be used as the team sheet for every match. The teacher-in-charge is required to tick ( ✓ ) the first 11 players starting the match.

- 9.4 The date of posting in the Joint Admission Exercise (JAE) of students announced by MOE shall be the day in which a student would be deemed as a bona fide member of a school or JC or CI.
- 9.5 Registration constitutes representation, that is, once a student is registered to play for a school/junior college/centralized institute, he or she is deemed to have represented his or her school /junior college/centralized institute. Hence, the student is not allowed to represent another school/junior college /centralized institute in the same sports / games.
- 9.6 Students requesting for a transfer after the JAE may not represent their new school until the transfer has been officially effected.
- 9.7 **Only** in the event that any of the player (s) registered is/are transferred or has/have to leave the school during the preliminary rounds, the school shall be allowed to replace the affected player(s). School must write in to inform the Convenor of the replacement at least ONE working day before the next match. However, no replacement of player is allowed once the competition reaches the semi-final stage.
- 9.8 If a school choose not to register the maximum number of players allowed by the sports/game, at the time of submitting the registration form to the convenor, the school shall not be permitted to register additional players subsequently.
- 9.10 International students can only be registered to play for their school after they have been issued with the student passes by the Immigration and Checkpoint Authority(ICA).
- 9.11 International students who are in the schools/junior colleges/centralized institutes on exchange programme are not allowed to represent the school.
- 9.12 Student granted Leave of Absence (LOA) by MOE will be allowed to represent the school.

## **10. GRACE PERIOD**

- 10.1 FIFTEEN (15) MINUTES GRACE IS ALLOWED. The Convenor / Pitch Manager may at his discretion extend this grace period if he / she thinks the extension of grace period is justifiable (eg. in special cases when delay may be caused by traffic jams, floods, etc. ). However, the TEAM concerned must contact the Convenor / Pitch Manager at the venue concerned to inform him / her of the delay. Teams must abide by the decision of the Convenor / Pitch Manager.

## **11. POSTPONEMENT**

- 11.1 No postponement shall be allowed. However, the Convenor /Pitch manager shall in consultation with the Umpire , at his discretion, decide to postpone a match if he / she thinks the venue is unfit for play, or for any other valid reasons for which he/she deems a postponement is in order. Teams must abide by the decision of Convenor / Pitch Manager.

## **12. WITHDRAWAL AND WALK-OVER**

- 12.1 Any withdrawal or walk-over by a team is considered contrary to the spirit of the game.
- 12.2 Schools participating in the Championship should not withdraw or give a walk-over.
- 12.3 For each withdrawal or walkover, a written explanation duly endorsed by the Principal shall be submitted to the National Convenor and the Game Adviser within TWO (2) working days.
- 12.4 In the event of both teams failing to turn up, neither team is entitled to a walk-over. The Sub-Committee will take appropriate action against the two teams. The Principals of the teams concerned will have to submit a letter of explanation to the National Hockey Convenor.
- 12.5 In the **quarter-finals stage**, any walk-over will disqualify the team from being placed **in the top four positions**.

### **13. ABANDONED GAME**

- 13.1 A written report by the Umpires is required for the abandoned game that is **not** due to inclement weather. This written report must be submitted to the Convenor within ONE (1) working day.
- 13.2 All abandoned games due to bad weather or poor ground conditions will be played on another day stipulated by the convenor. The remaining time of the match will be played with the score at the time the match was stopped.
- 13.3 The Championship Organising Committee will deliberate on all abandoned games except for (13.2)
- 13.4 Any team causing a game to be abandoned by walking out shall be liable to disciplinary action.

### **14. PROTEST**

- 14.1 Any clarification during a game on the points of laws of the game, must be lodged immediately by the teacher-in-charge only to the umpires. Any decision taken by the umpires shall be final.
- 14.2 All protests relating to the qualification of players or interpretation of the Laws, or any dispute shall be referred to the Championship Organising Committee within ONE (1) WORKING DAY following the completion of the match concerned. The protest must be in writing and duly signed by the principal. A protest fee of One hundred and fifty dollars (\$150.00) plus GST will be charged.
- 14.3 The Championship Organising Committee will meet to deliberate on the protest within SEVEN(7) working days. The decision will then be made known in writing to the school concerned.
- 14.4 If the protest is upheld, the protest fee will not be required. If it overruled, the protest fee of \$150 plus GST will be deducted from the protesting school's account, via IFAAS.
- 14.5 In the event that the National and Zonal Championship Organizing Committees are involved in a protest, the affected school concerned will inform the SSSC Secretary and shall not be involved in any further deliberations on the matter.

### **15. APPEAL**

- 15.1 Upon the release/disclosure of the decision of the Championship Organising Committee, only schools may appeal to the Council.
- 15.2 Notice of appeal shall be lodged with the SSSC Honorary Secretary of the Zone/Main Council within TWO (2) working days upon receiving the Championship Organising Committee's Decision. The appeal must be in writing and duly signed by the principal and accompanied by an administrative appeal fee of three hundred dollars (\$300) plus GST.
- 15.3 Upon receiving the notice of appeal from the school, the appeal fee of \$300 Plus GST shall be deducted from the school's account via IFAAS.
- 15.4 The Board of Appeal will deliberate on the appeal. The decision of the Board of Appeal shall be final. (Please refer to Annex B of SSSC General Rule and Regulations)

### **16. DISQUALIFICATION**

- 16.1 A team may be disqualified from further participation in the tournament if the Championship Organising Committee discovers any irregularity contravening the competition Rules.
- 16.2 Points accumulated by all the teams which have played against the offending team will be disregarded.

16.3 A school will be disqualified if it commits any of the following:

- a) fielding overaged player
- b) fielding unregistered player
- c) fielding an ineligible player
- d) fielding player without a valid student pass
- e) fielding a non-bona-fide student
- f) team not accompanied by a Teacher
- g) team/player which caused a game/match to be abandoned

## **17. SUSPENSION**

17.1 A player suspended by any one of the following bodies is barred from participating in SSSC Championships in that game for the period of suspension.

- i) the School
- ii) the Zone Council
- iii) the Schools Sports Council
- iv) the Singapore Hockey Federation

## **18. PRIZES**

18.1 The prizes for the competition will be allocated as follows :

- i) 3 teams - 2 team prizes
- ii) 4 teams - 3 team prizes
- iii) 5 or more teams - 4 team prizes

## **19. TEACHER-IN-CHARGE OF TEAM**

19.1 Each participating team must be accompanied by a teacher who shall remain with the team throughout the duration of play.

19.2 All participating school teams to take note that the teacher I/C of the team must exercise good control over their respective players, supporters and the conduct of their coaches on the field of play.

19.3 Teachers-in-charge are not allowed to interfere with the final decision taken by the umpire on points of laws/rules after clarification has been sought. If such interference results in disruption of any game/match, a report shall be made by the Convenor and the matter brought to the attention of the Championship Organising Committee for appropriate action.

## **20. EXTERNAL INSTRUCTORS**

20.1 External instructors are expected to conduct themselves with decorum during competitions.

20.2 External instructors are not allowed to approach the match officials to query their decisions. Only teachers in-charge are allowed to approach match officials to seek clarifications.

20.3 Schools must ensure that their external instructors adhere to the SSSC Rules and Regulations and Code of Conduct (Annex C of SSSC General Rules and Regulations).

20.4 An external instructor who has breached the Rules and Regulations and the Code of Conduct, will be referred to the respective Championship Organising Committee by the respective convenors for appropriate action to be taken.

## **21. SUPPORTERS**

- 21.1 Schools sending supporters to any competition must ensure that their students are in proper school uniform and that there are sufficient number of teachers on duty to maintain discipline. All supporters are to remain seated within the spectators gallery when any game is in progress.
- 21.2 Supporters are not allowed to participate in any form of sideline coaching and/or interfere during the game.
- 21.3 Participating schools must ensure that their supporters and spectators attending the game(s) conduct themselves to the best of their abilities (refer to Annex D Supporters Creed). In the event that unsportsmanlike behavior is observed, the Convenor may, at his discretion, issue an eviction of the spectator from the training /competition venue.

**22. MATTERS NOT PROVIDED FOR**

- 22.1 All matters not provided for in these Rules and Regulations shall be dealt with by the Competition Organising Committee.

**23. AMENDMENTS**

- 23.1 The Singapore Schools Sports Council shall have the right to delete, add or amend the Rules and Regulations laid down herein.

### **Code of Conduct for External Instructors**

- External instructors are expected to conduct themselves well in carrying out their duties.
- They are to observe the rules and regulations of the school.
- They should not replace the role of the teacher in-charge.
- They will prepare the training schedule for the team, in consultation with the Principal and the teacher in-charge (i.e. 30-week programme)
- They are not allowed into the competition area except where the rule of the game requires the presence of the instructor e.g. Softball.
- They cannot represent the school in any matters.
- They must not interfere with the organisation of the tournament.
- They are not allowed to approach the game officials to query their decisions. Only teachers-in-charge are allowed to approach game officials to seek clarifications.
- External instructors violating the above rules will be asked to leave the competition arena.
- Action will be taken against the school if the external instructors fail to comply with the tournament rules.
- The onus for the external instructors to adhere to the above rules and to be well versed with the competition rules amended to meet the needs of our pupils' lies with the school concerned.
- Ensure that the team has adequate rest and given water breaks.
- Instructors should refrain from using foul language or in a tone not becoming of proper behaviour.

## **Singapore Schools Sports Council**

### **Expected Behaviour for Spectators**

#### Spectators' Creed

- Be a Respectful Supporter – Applaud excellence and fair play. Appreciate the efforts of all athletes, teachers, coaches, officials and organisers.
- Be a Motivator– Cheer to encourage and motivate. Care for athletes' well-being.
- Be a Responsible Spectator – Keep the venue safe and comfortable for all. Keep the venue clean.